



Contents Page





Science

iMedia

English Page 1 - 43

Mathematics (F) Page 4 - 10

Mathematics (H) Page 11 - 16

Page 17 - 25

Page 26 - 29

Design Technology Page 30 - 38

MFL - Spanish Page 39

Art Page 40 - 43

Catering Page 44

Geography Page 45 - 49

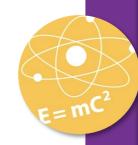
History Page 50 - 52

Religious Education Page 53 - 54

Music **Page 55 - 56**

PE **Page 57 - 64**

Drama Page 65











Context - The play was written by William Shahespeare, and was first performed around 1808.

Shakespeare's Time - Shakespeare wrote at the time of two monorche: <u>Queen Elizobeth I</u> and <u>James</u> I. The plays that he wrote during the period of Queen Elizobeth are generally happy and joyful, reflecting the mood at the time. However, dorber plays such Macbeth were written in the era of James I, which was for more unstable. For example, the gunpowder plat was the year before.

The Divine Right of Kings - Divine Right asserts that manarchs were <u>appointed from Cod</u> above, and that any attempt to question them was to question Cod himself. This was a widely-held view at the time. King James I often quoted divine right to cement his place on the throne. A play involving a good, 'Cod-given' bing, and the demise of a bing-slayer would no doubt have gone down well with King James at the time.

Witches and the Supernatural - At the time of Shahespeare, the <u>belief in witches</u> and the supernatural was extremely strong, and many socalled 'witches' were burnt at the stake. There is no doubt, therefore, that same of the ideas in the play would have been taken very seriously, such as the witches prophecies. Macbeth being seemingly 'possessed' and his vivid hallucinations.

James I = 1606 was early in the rejan of James I, who was an <u>admirer of Shakespears's plays</u>, and a patron of his acting company. It is doubtless, therefore, that Shahespeare had the king in mind when writing a play about Macbeth, a figure from Scottish ancestry. Furthermore, King James's family daimed to have descended from a starical figure named Banqua.

The Role of Women - Despite the strength of Elizabeth I's reign, society at the time was <u>patriorchal</u> – women were considered inferior to men. Women belonged to their fothers (or brothers if their fothers had died) and then their husbands. They were not permitted to own land or enter most professions. They were instead expected to bear children, and be gentle and womanly. Lady Macbeth would therefore be at adds with what was expected of women.

Healthcare and Medicine - Healthcare and medicine were not as advanced in Shahespeare's age as they are today – there were numerous aliments and diseases that were not yet understood. Furthermore, there were a many wars in which scores of men were billed. Therefore, death was a much more frequent thought for people at the time. The high deat count in the play would therefore seem slightly more ordinary!

Main Characters - Consider what Sho	bespeare intended through h	his characterisation of each of the below

Macbeth - Macbeth is the lead <u>protogonist</u> of the play. He is introduced as a Scottish general who is thought to be a brown and strong soldier. However, he is easily persuaded to commit the murder of a king that he loves. He becomes a <u>turannical</u> and <u>destructive</u> bing, who responds to all threats (including his own insecurities) through violence and murder.

First Scene: Act I Scene III Final Scene: Act V Scene VIII
Duncon – Duncon is the kind and loved King of Scotland who Macbeth murden in order to fulfill his ambition and the witches prophecy. Duncan is a virtuous King, who is both compassionate rational - he forms a stark contrast with Macbeth as bing. When Duncan dies, order in Scotland is shattered. It is only restored when his son, Malcolm eventually takes the throne.

Final Scane: Act II Scane I First Scame: Act | Scame || The Three Witches - The witches represent trickery, monipulation

and the <u>supernatural</u>. They use charms, spells and prophecies to prompt Madbeth into murdering Duncan. There is some ambivalence over how much of their <u>power</u> comes from supernatural abilities, as apposed to knowing the weaknesses of their victim. In any case, they take pleasure in toying with human Lady Macbeth - Macbeth's wife, an extremely <u>ambitious</u> woman who <u>lusts for power</u>. At the beginning of the play, she seems stronger than Macbeth, urging and aiding him to hill Duncan. Later in the play, however, she becomes rached with <u>guilt and madness,</u> proving unable to come to terms with what they have done. Her conscience affects her to such a degree that she eventually commits suicide.

First Scene: Act I Scene V Final Scene: Act V Scene V Macduff = A Scottish nobleman who is dublous and hastile towards Madbeth's reign from the beginning. His wife and young son are murdered by Madbeth. Madduff leads the battle against Madbeth's tyrannical reign, eventually becoming the man who <u>hills Macbeth</u> (in line with the witch's prophecy as he was not of 'woman born.') in doing so, he helps Malcolm to the throne.

anquo – Banquo h a <u>brove and noble</u> gentleman who h a friend and fallow soldier to Macbeth. Banquo is also given prophedes by the witches, but unlike Macbeth, he chooses not to act on them. After being murdered, Banquo's about returns to haunt Madbeth

causing him a great deal of fright, and reminding him of the path h chose not to take. In accordance with the witcher' prophecies, Banqua's decembants later take their place on the throne.

First Scene: Act I Scene III Final Scene: Act II Scene IV

First Scene: Act II Scene III Final Scene: Act V Scene VIII

Themes - A theme is an idea or message that rum throughout a text.

Unchecked Ambition - The tale of Macbeth ruthlessly exposes the dangers of ambition when it is not held by maral constraint Ambition turns Modesth from a brave and layed Scottish general into a murderous tyrant. Lody Macbeth is another example of this theme, as she is unable to deal with the acts that she and Macbeth have committed to fuel their ambition, and so commits suicide. Fate vs Free Will - Throughout the play, the audience is frequently forced to question the notion of fate vs free will - does the story pan out the way that it does because it was pre-ordained, or because of the actions that Macbeth chose to take? Macbeth ferve ntly attempts to fight the negative aspects of his fate, and yet it is these very actions (his free will) that cause the predetermined downfall (fate) Gender, Masculinity and Femininity - Lady Macbeth manipulates her husband by questioning his masculinity, as he originally declines to murder King Duncon for the throne. She states that she wishes she could be 'unsessed' so as to give her brovery to commit the deed. Masculinity is frequently associated with raw aggression, and femininity with weakness and kindness. Inversion of the Notural Order - Wherever the natural order is disturbed in Macbeth (the three supernatural witches, the murder of a king) disorder and chaos soon follow. There is only peace when the natural order is restored (Malcolm is seated on the throne). In line with the balleful of King James, through Mocheth Shakespears expresses that the inversion of the natural order is donostrous and destructive.

	Scene-by-Scene Summary - Take note of the b	ney quotations from each scene.
Act 1 Scane 1	Three witches meet on a heath. They plot to trick Macbeth at a loter time.	Fair is faul and faul is fair, Houer through the fag and fithy air.
Act 1 Scene 2	King Duncon is told of Modbeth's brovery in bottle. He	No more that thane of Caudor shall deceive
	tells a messenger to award him Thans of Cowdor.	And with his former tible great Macbath.
Act 1 Scene 3	The witches confront Macbeth and Banquo and deliver	All half, Machethi half to thee, thone of Clambi All half, Macheth, half to thee, thone of Caudori
	their prophedes. The messenger carrives to tell Mocbeth	All hall, Macbath, thou shalt be bing hereafter!
	that he is the Thane of Cowdor.	
Act 1 Scene 4	At the Kings' Polace, Duncon names Malcolm (his eldest son) as his successor.	The Prince of Cumberlandi that is a step On which I must fall down, or else o'erleap,
Act 1 Scene 5	At Macbeth's castle, Lady Macbeth receives a letter from	Vou spirits / That tend on martal thoughts, unser me here
	Morbeth detailing the ultrher prophecies. She plans Duncan's	And fill me from the crown to the toe top-full / Of direct
	murder, but fears that Macbeth is too bind to fulfil his ambition.	cruelty.
Act 1 Scame 6	Duncan arrives at Madbeth's castle. He professes his love for	Conduct me to mine host, we love him highly,
	Macbeth as a dear friend. Macbeth has doubts about the assaulnation, Lady Macbeth tells	And shall continue our araces towards him. If it were done when 'th done, then 'twere well
Act 1 Scene 7	him of the plot and he then agrees to it.	It were done unen to done, then twere were It were done aulably
		It this a dapper which I see before me,
Act 2 Scene 1	Banquo and Fleance arrive. When they depart to bed, Macbeth sees a vision of a dagger leading him towards Duncan's chamber.	It this a capper union I lee before me, The handle toward my hand? Come, let me clutch thes
Act 2 Scane 2	Madbeth emerges from the chamber, visibly shahen. He	Will all great Neptune's ocean wash this blood
Act 2 scane 2	has forgotten to place the daggers with the chamberlains	Clean from my hand?
	to absolve the blame. Lady Macbeth must return them.	Sieso no more. / Mocheth does murder sieso
4/	Macduff arrives and finds Duncan dead, Macbeth explains that	O horror, horror, horrori Tongue nor heart
Act 2 Scene 3	he billed the chamberigins in rage. Duncan's sons flee.	Connot conceive nor name thee!
Act 2 Scene 4	Macduff talls Ross, a thans, that Macbeth has been named King.	The sovereignty will fall upon Macheth.
Act 3 Scene 1	Macbeth, fearing the witches' prophecies about Banquo's	It is concluded, Banque, the souls flight,
Act 3 3cene 1	descendants sitting on the throne, arranges to have Sanguo and	If it find heaven, must find it out to-night.
	Fleance Itilled.	If it sind readon, must rive it out to-mant.
Act 3 Scenes 2:3	Macbeth tells Lady Macbeth of his plan to bill Banque.	O, treatheryl Fly, good Fleance, fly, fly, flyl
ALL 3 ACRINGS 2/3	Elsewhere, the murderen bill Bonquo, but Fleorice escopes.	Thou mayat revenge. O slave!
Act 3 Scene 4	Marbeth holds a banquet. He sees the ghost of Banquo and	I pray you, speak not, he grows worse and worse.
	becomes hysterical. The guests are eventually asked to leave by	Question enroges him. At once, good night.
	Lady Macbeth.	
Act 3 Scenes 5-6	The witches are scalded by Hecate for their medaling. Elsewhere,	May soon return to this our suffering country
	Lennox talls of Mooduff gothering on army to fight Moobeth.	Under a hand accuract! beware Macduff name of warman barm Shall harm
Act 4 Scene 1	Macbeth again visits the witches, and through terrible	Macbeth_Creat Simon wood to high Durningne hill
	apparitions is given several new prophecies regarding his	Shall come against him.
	fate. The witches then vanish. Macduffs wife and children are murdered by Macbeth's assaults.	-
Act 4 Scenes 2-3	Macduff and Malcom units in order to fight Macbeth.	Machethile ripe for shabing, and the powers above Put on their instruments.
Act 5 Scene 1	A doctor and gentlewoman watch Lady Macbeth (leepwalb. She	Clut, domined spot, out, I say Vet who would have
Act 5 Scene 1	talbs of the murdens of Duncan and Banque, and Imagines	thought the old man to have had so much blood in him
	stubborn blood on her hands.	STOCKET STOCKE
Act 5 Scane 2	Lords discuss how the rebel army will gather at Birnham Wood.	Mobe we our march towards Simam.
Act 5 Scenes 3-4	Inside. Macbeth boasts that none of woman born can	I will not be afroid of death and bane.
74. 2 Xalla 24	harm him. Macduff and so gather at Birnham Wood	Till Silmam forest come to Dunsinane.
Act 3 Scane 3	A scream is heard at Macbeth's costle. It is announced that Lady	Life is "a tale / Told by an idlot, full of sound and fury.
	Macbeth Is dead (suicide). Macbeth reacts numbly. A messenger	Signifying nothing"
	reveals that the trees of Simham Wood are advancing. The battle begins, Macbeth fights without fear, as he believes no	That are worth it worther and a common and described to a common
Act 5 Scenes 6-7	The bottle begins. Macbeth fights without fear, as he believes no man born of woman can harm him. The castle is breached.	But swords i smile at, weapons lough to scom, Brandishid by man that's of a woman born.
A		Tell thee, Macduff was from his mother's womb
Act 5 Scene 8	Macbeth and Macduff finally meet. Macduff reveals that	Tail chas, Macdulf was from his mother's womb Untilmaly ripp'd.
	he was born by consarmon section (not "by woman born.")	
	He kills Macbeth, Malcolm is proclaimed King.	Hall, King of Scatland!

	Dram	atic Devices in Macbeth	Features of a Tragedy in Macbeth			
	Dramatic Irony	Y & a peerfess &harmon. Duncan trusts Macbeth. The audience knows that Macbeth is platting Duncan's murder.	Tragic Hero - A main character curied by fate and possessed of a tragic flow (Macbeth).			
	Soliloquy	This supermatural soliciting cannot be ill, cannot be good. Macbeth's soliloquy reveals his inner torment.	Homortia - The fatal character flaw of the tragic hero (ambition).			
	Aside	The Prince of Cumberland, that is a step that I must fall down. Macbeth reveals his ambition through an aside.	Cathorsis - The release of the audience's emotions through empothy with the characters.			
ı	Rhyming Couplets	Away and made the time, with fairest show! False face must hide what the heart doth know.	Intermal Conflict - The struggle the hero engages in with his/her fotal flow.			

Macbeth and Narrative Writing

WHY?:

Being able to plan, organise and articulate your own narrative is a skill that will not only benefit you for your exams in summer; these skills could help build towards careers in sectors such as journalism, novel/playwriting, film production and editing and many

Key questions to consider...

Am I using the best vocabulary I can use?

Am I varying my use of punctuation?

Am I using a variety of language features?

Is my writing detailed and engaging?

Am I showing rather than telling?

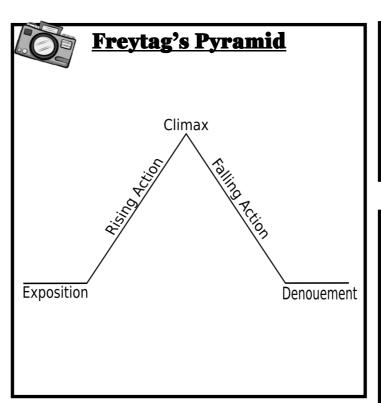
Character/Narrator Types

Protagonist/antagonist— Leading character or major character/opposing force. Usually brings conflict to main character.

Foil— a character who contrasts another character.

Omniscient Narrator— knows everything about all the characters.

Unreliable narrator—a narrator who has had their credibility compromised.



Styles of Opening

- The rhetorical start—starting your piece with a single, or series of, rhetorical question(s).
- The statement start—starting your piece with a strong topic statement that will grab the readers' attention.
- The hypothetical start—putting your reader in a "what would you do?" scenario
- The flashback start—starting your piece by going to a place/event in the past.

Key Vocabulary

heinous, mercurial, foreshadowing, barbarous, caliginous, culpability, reticent, tension, climactic, malice.

Language Devices

- Extended Metaphor— a metaphor that is introduced and further developed throughout a piece of writing.
- Sensory description— describes objects in a manner that can be experienced through the senses.
- Foreshadowing— a warning, or indication, of a future event.
- IMAGERY—visually descriptive or figurative language.
- PERSONIFICATION— attributing a human behaviour to something non-human.
- OXYMORON—to have two contradictory terms next to each other.
- HYPERBOLE—immense exaggeration.



	Language Paper 2 Knowledge Organişer							
A01-A06	QUESTION 1	QUESTION 2	QUESTION 3	QUESTION 4	QUESTION 5			
AO 1: What (do you understand	·		12 Marks, AO2	16 marks AO3	40 Marks			
what the text is saying?)	5minutes	10 minutes	15minutes	20minutes	24 Marks Content and Organisation			
AO2: How (do you understand how the text is communicating its message?) AO3: Why (why is the text as it is? Why did the writer choose for it to be that way?) AO5: Structure and Content AO6: SPaG	Examiner is looking for: Understanding of the text Ability to interpret and identify implicit and explicit meanings.	2/3 points Examiner is looking for: Understanding of the text- including inferred meaning Use of detailed evidence from the text Comparison of the content of the texts	3/4 points Examiner is looking for: Evaluation of the writer's choice of language and its intended impact Use of relevant evidence from the text Use of appropriate terminology Single word analysis (zoom)	2.5 sides of writing Examiner is looking for understanding of the author's attitudes Description of the author's methods (language and structure) Sophisticated comparison Use of appropriate terminology	16 marks SPaG 55 minutes 2.5-3 sides of writing (about 6 paragraphs) Examiner is looking for Ao5 Accurate spelling punctuation and grammar Use of a range of punctuation Use of a range of sentence structures Paragraphs joined with connectives indicating a flow of argument Ambitious vocabulary Use of literary device			
Vocabulary Rank	Contrasting Connect	ives (Q2 & 4):	Language Devices (Q3):	• Use of literary device Non-fiction Devices (Q4 & 5):			
Imagery Semantic field Contemptuous Inference Synthesise Perspective Tone Accusatory Diplomatic Impartial Objective Subjective Pessimistic	Similarities Equally likewise similarly as with like in the same way To contrast whereas instead of alternatively otherwise unlike but on the other hand by contrast		Simile – Comparison of one the words 'like' or 'as'. Metaphor – A figure of spe is applied to an object or act applicable. Personification – The attrihuman characteristics to som representation of an abstraction of an abstraction of an abstraction of successive clause	thing with another thing using ech in which a word or phrase ion to which it is not literally bution of a personal nature or nething non-human, or the t quality in human form. of a word or phrase at the ess. If a word or phrase at the end	Anecdote – a short, amusing or interesting story about a real person/incident Cyclical structure – the events at the end are similar to those at the start. Emotive description – description that appeals to, or expresses, emotion. Exaggeration/hyperbole – exaggerated statements not meant to be taken literally. Listing – giving more than one example. Triplets – describing something using three descriptive terms. Direct address – Talking to the reader directly. Repetition – repeating something that has already been said for emphasis. Statistics – a fact or piece of data involving numbers. Page 3			

Probability

Key vocabulary

Probability Random

Likely

Impossible

Certain

Relative frequency

Probability scale

Unbiased

Theoretical probability

Sample space

Two way table

Tree diagram

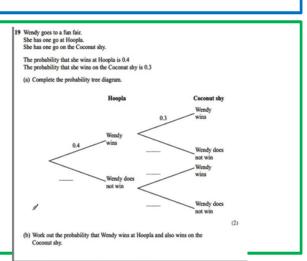
Venn diagram

Dependant Independent

Conditional probability

Picture perfect Multiply 0.5 Head 0.5 Tail 0.5 Head 0.5 Tail 10.5 Head 10.5 Tail 10.5 Tail

Assessment style question



Always remember

Types of events

Mutually exclusive

Events that cannot happen at the same

time

Rolling a die $\rightarrow P(1 \text{ and } 6)$

All probabilities from the event will sum to make 1

Independent events

Events where the outcome of one <u>doesn't</u> affect the outcomes of the others

Picking a counter out of a bag, replacing it and repeating.

Dependent events

Events where the outcome of one <u>does</u>
affect the outcomes of the others
Picking a counter out of a bag, <u>not</u>
replacing it and repeating.

Calculating expected outcomes

 $P(event) \times number of trials$

Volume

Key vocabulary

Volume

Cross section

Length

Width

Height

Pi (π)

Circumference

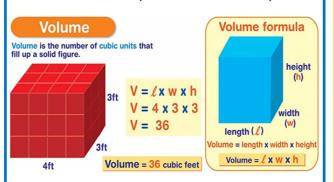
Diameter

Radius

Units³

Picture perfect

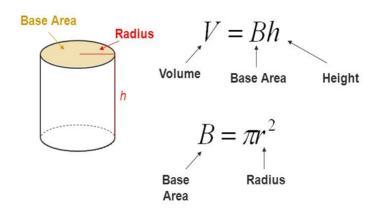
Volume is the space inside a 3D shape.



Always remember

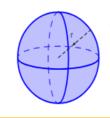
Volume units include mm³, cm³, m³ etc.

Volume of a Cylinder



Volume of triangular prism = area of cross-section \times length

$$= \frac{1}{2} \times b \times h \times l$$



Volume of Sphere

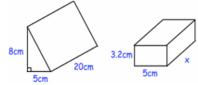
$$=\frac{4}{3}\pi r^3$$

Volume of Cone $= \frac{1}{3}\pi r^2 h$ Page 5

Assessment style question

The cube on the TV show "The Cube" is a cube with each side measuring 4m. Work out the volume of the cube.

The cuboid and the triangular prism have the same volume. Find x.



A solid sphere fits perfectly inside of a cube box of side length 10cm. What percentage of the box is empty?

12cm

Calculate the volume of this shape.

7cm

Quadratic equations

Key vocabulary

Quadratic equations

Binomial

Expand

Simplify

Factorise

Difference of two squares

Rearrange formulae

Picture perfect

Factorising $= 8n^{2} + 20n$ 4n(2n + 5)

Highest Common Factor

Assessment style question

Make **p** the subject of the following equation:

$$m = 2p - 5$$

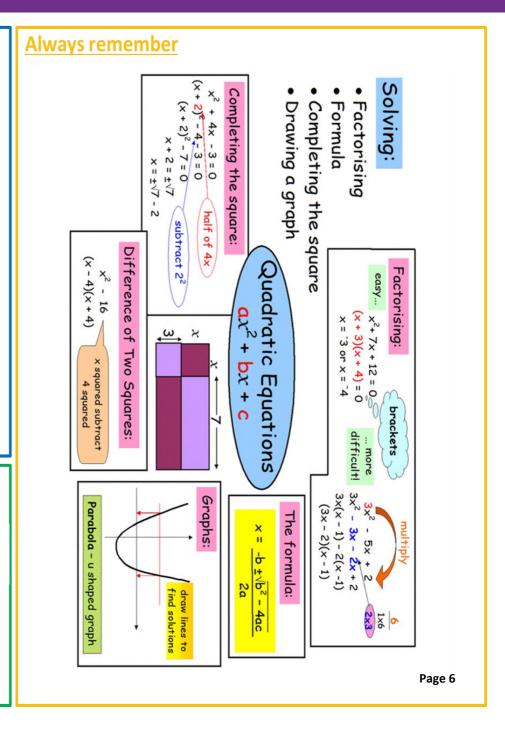
A)
$$p = \frac{m}{2} + 5$$

C)
$$p = \frac{1}{2}$$

B)
$$p = 2m - 5$$

D)
$$p = \frac{m-5}{2}$$

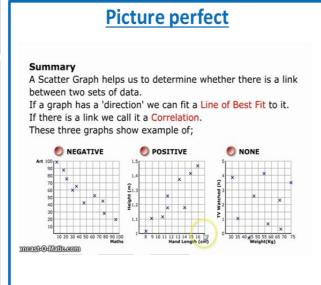
- 3. (i) Factorise $x^2 13x + 36$
 - (ii) Hence, or otherwise, solve the equation $x^2 13x + 36 = 0$

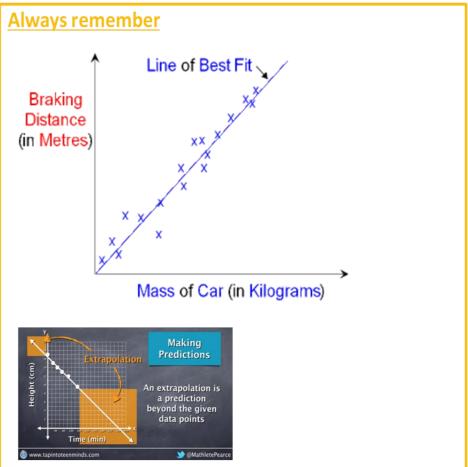


Scatter graphs

Key vocabulary

Scatter graph
Plot
Positive correlation
Negative correlation
No correlation
Line of best fit
Interpolate
Extrapolate





Assessment style question

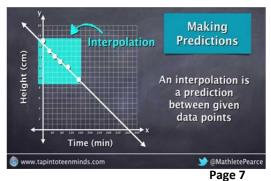
Make a scatter plot with a proper title (at the bottom) with the data and answer the question using hypothesis test.

The yearly data have been published showing the number of releases for each of the commercial movie studios and the gross receipts for those studios thus far. Based on these data, can it be concluded that there is relationship between the number of releases and the gross receipts?

No. of release x	311	290	206	32	33	15	9	11	18
Gross receipts y	3744	2062	1571	1664	214	301	258	134	155

Plot the following scatter graph and estimate a line of best fit.

	Height, cm	157	160	148	160	177	156	166	170
I	Weight, kg	53	60	44	53	54	60	54	70



Inequalities

Key vocabulary

Less than Less than or equal to **Greater than** Greater than or equal to Represent on number line Solve

Picture perfect

Inequality Symbols

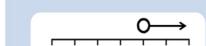
Less Than

- Greater Than

Less Than or Equal to

- Greater Than or Equal to

Always remember

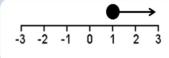


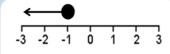
x > 1

x is any number greater than 1 Examples: 2, 3, 4, 5...

x < - 1

x is any number less than -1 Examples: -2, -3, -4, -5...





x ≥ 1

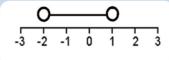
x is any number greater than or equal to 1

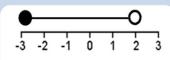
Examples: 1, 2, 3, 4, 5...



x is any number less than or equal to -1

Examples: -1, -2, -3, -4, -5...





-2<x<1

x is any number greater than -2 and less than 1

Examples: -1 and 0 only

-3 < x ≤ 2

x is any number greater than or equal to -3 and less than 2

Examples: -3, -2, -1, 0 and 1 only

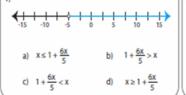
Page 8

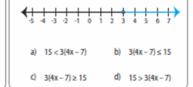
Assessment style question

Solve the inequality

4x + 3 > 2(3x - 1)

Choose the correct inequality that best describes each graph.





Pythagoras' theorem

Key vocabulary

Hypotenuse
Right angled triangle

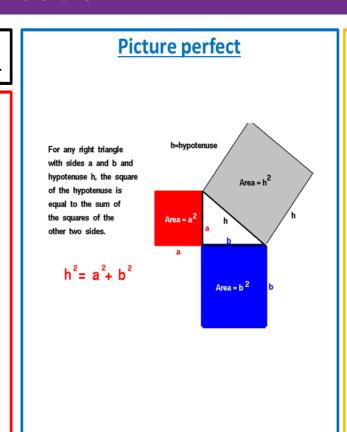
Rearrange

Solve

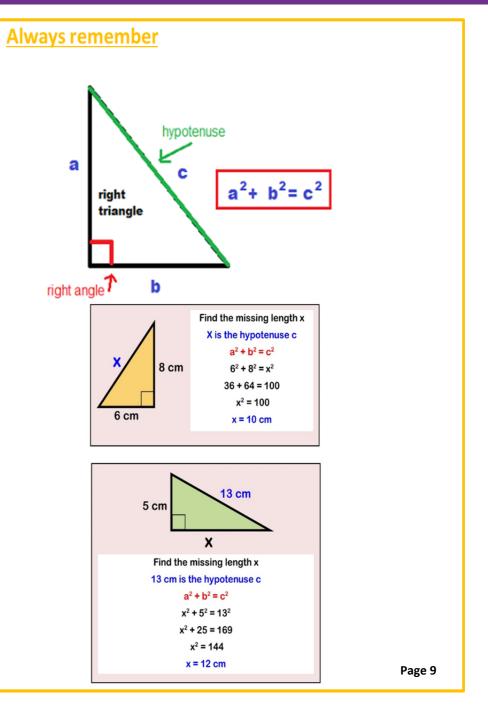
Missing side

Square

Square root



Find the length of the missing side of each triangle. Give your answers to 2 d.p. where appropriate.



Simultaneous equations

Key vocabulary

Solve

Substitute

Eliminate

Variable

Linear

Quadratic

Simultaneous

Picture perfect

What are simultaneous equations?

$$x + y = 5$$

 If x=3 and y=2 both equations are true

$$2x + 3y = 12$$

· If you are asked to solve simultaneous equations, you are being asked to *find* the values for x and ythat fit both the equations.

Always remember

This is when you have two equations with two unknowns which you can solve either algebraically or graphically.

Solve the simultaneous equations:

$$3x + y = 7 (1)$$

 $5x + y = 5 (2)$

Label the equations 1 and 2.

The coefficient of the y values is the same so we want to eliminate the y values. We must subtract one equation from the other as both y values have the same sign.

$$5x + y = 5$$

$$3x + y = 7$$

$$\frac{2x}{}=$$
 Therefore, $x=-1$.

$$3 \times -1 + y = 7$$
$$-3 + y = 7$$
$$y = 10$$

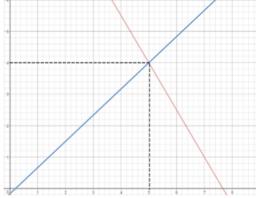
Check your answers by substituting both values into the other equation.

$$5 \times -1 + 10 = 5$$

Solve the simultaneous equations:

$$3x + 2y = 23$$

$$5x - 6y = 1$$



The solution to these simultaneous equations is given by

The x-coordinate gives the solution of x and the y-

In this example, the solution is x = 5 and y = 4. Page 10

the point where the lines meet.

coordinate gives the solution of y.

Assessment style question

1. Solve the simultaneous equations

5x + 3y = 412x + 3y = 20

Do not use trial and improvement

Solve the simultaneous equations

$$2x + 4y = 26$$
$$3x - y = 4$$

Do not use trial and improvement

Volume

Key vocabulary

Volume

Cross section

Length

Width

Height

Pi (π)

Circumference

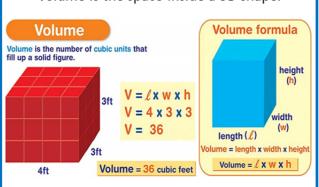
Diameter

Radius

Units³

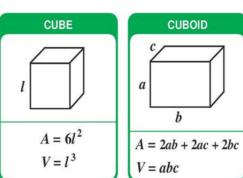
Picture perfect

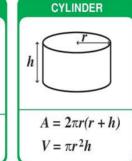
Volume is the space inside a 3D shape.



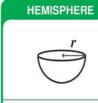
Always remember

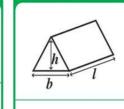
Volume units include mm³, cm³, m³ etc.



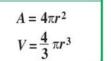






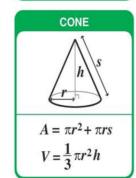


TRIANGULAR PRISM

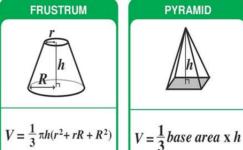






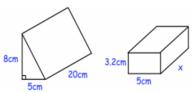


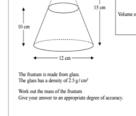




Assessment style question

The cuboid and the triangular prism have the same volume.





A solid sphere fits perfectly inside of a cube box of side length 10cm. What percentage of the box is empty?

Quadratic equations

Key vocabulary

Quadratic equations

Binomial

Expand

Simplify

Factorise

Difference of two squares

Rearrange formulae

Picture perfect

Factorising $= 8n^{2} + 20n$ 4n(2n + 5)

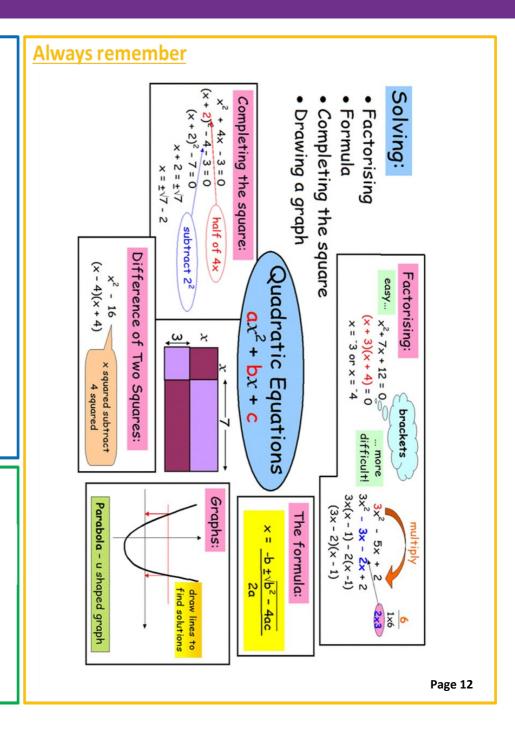
Highest Common Factor

Assessment style question

Make **p** the subject of the following equation:

$$m = 2p - 5$$

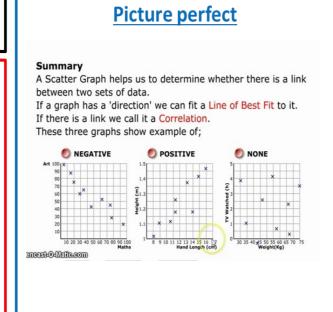
- A) $p = \frac{m}{5} + 5$
- C) $p = \frac{m+5}{2}$
- B) p = 2m 5
- D) $p = \frac{m-5}{3}$
- 3. (i) Factorise $x^2 13x + 36$
 - (ii) Hence, or otherwise, solve the equation $x^2 13x + 36 = 0$

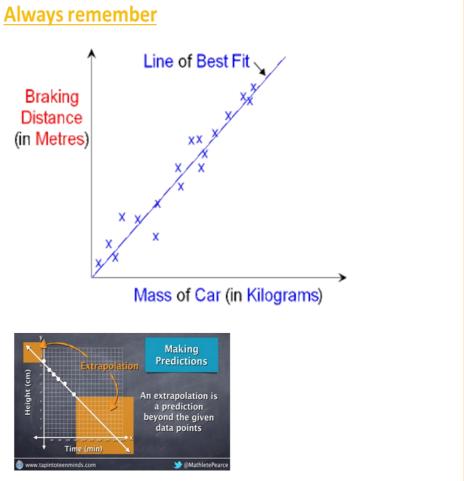


Scatter graphs

Key vocabulary

Scatter graph
Plot
Positive correlation
Negative correlation
No correlation
Line of best fit
Interpolate
Extrapolate





Assessment style question

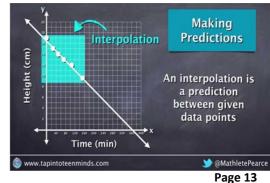
5. Make a scatter plot with a proper title (at the bottom) with the data and answer the question using hypothesis test.

The yearly data have been published showing the number of releases for each of the commercial movie studios and the gross receipts for those studios thus far. Based on these data, can it be concluded that there is relationship between the number of releases and the gross receipts?

No. of release x	311	290	206	32	33	15	9	11	18
Gross receipts y (millions \$)	3744	2062	1571	1664	214	301	258	134	155

Plot the following scatter graph and estimate a line of best fit.

Height, cm	157	160	148	160	177	156	166	170
Weight, kg	53	60	44	53	54	60	54	70



Quadratic Equations

Key vocabulary

Equation

Quadratic

Factorise

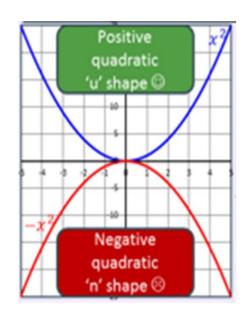
Formula

Substitute

Coefficient

Complete the square

Picture perfect



Assessment style question 1. Find the roots of the quadratic equations by using the quadratic formula in each of

(i) $2x^2 - 3x - 5 = 0$

(ii) $5x^2 + 13x + 8 = 0$

(iii) $-3x^2 + 5x + 12 = 0$ (v) $x^2 + 2\sqrt{2}x - 6 = 0$ (iv) $-x^2 + 7x - 10 = 0$ (vi) $x^2 - 3\sqrt{5}x + 10 = 0$

(vii) $\frac{1}{2}x^2 - \sqrt{11}x + 1 = 0$

2. Find the roots of the following quadratic equations by the factorisation method:

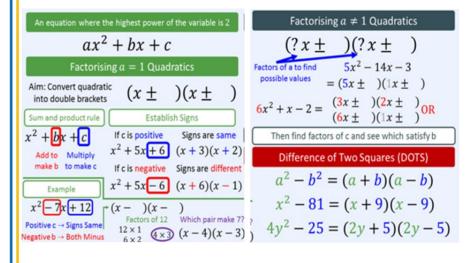
(i) $2x^2 + \frac{5}{3}x - 2 = 0$ (ii) $\frac{2}{5}x^2 - x - \frac{3}{5} = 0$

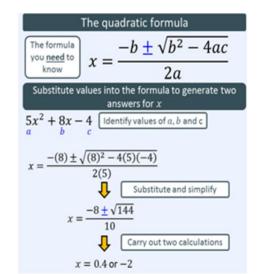
(iii) $3\sqrt{2}x^2 - 5x - \sqrt{2} = 0$

(iv) $3x^2 + 5\sqrt{5}x - 10 = 0$

(v) $21x^2 - 2x + \frac{1}{21} = 0$

Always remember





Equation of a circle

Key vocabulary

Equation

Circle

Radius

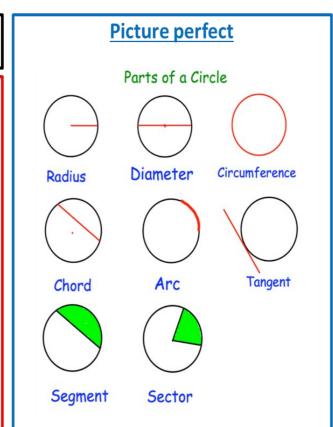
Origin

Gradient

Intercept

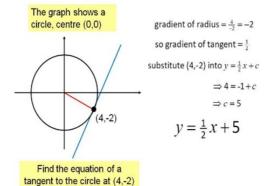
Reciprocal

Tangent



Assessment style question

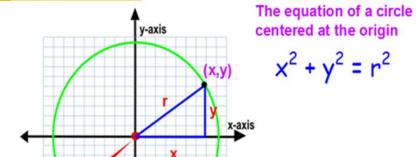
How many mistakes can you find?



Always remember

0,0

(origin)



Gradient of Tangent at a Point

Example 1: The circle with equation x² + y² = 25 passes through the point (3, 4).

Find the equation of the tangent to the circle at that point.

As this circle has an equation of the form $x^2 + y^2 = r^2$, it has centre (0, 0)

The gradient of the radius connecting (0, 0) and (3, 4) is

So the gradient, m, of the tangent at (3, 4) is

The equation of the tangent has the form

At the point (3, 4), $x_1 = 3$ and $y_1 = 4$

So substituting these values gives

Expand brackets

Add 4 to both sides to give the equation of the tangent in terms of y

 $y - 4 = \frac{-3}{4}(x - 3)$

 $y - y_1 = m(x - x_1)$

 $y - 4 = \frac{3}{4}x + \frac{3}{4}$ $y = \frac{-3}{4}x + \frac{25}{4}$

Key Stage 4 Maths Topics - Algebra

Probability

Key vocabulary

Probability

Random

Likely

Impossible

Certain

Relative frequency

Probability scale

Unbiased

Theoretical probability

Sample space

Two way table

Tree diagram

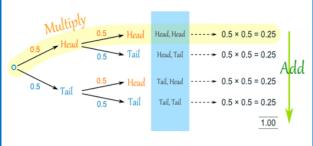
Venn diagram

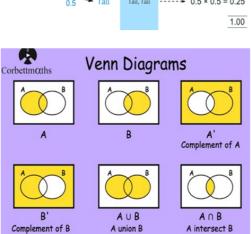
Dependant

Independent

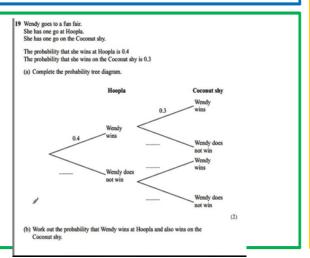
Conditional probability

Picture perfect



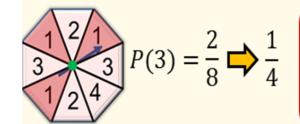


Assessment style question



Always remember

 $P(\mathsf{Event}) = \frac{number\ of\ successful\ outcomes}{total\ number\ of\ outcomes}$



Simplify answers where possible

The 'OR' rule (mutually exclusive)

$$P(a \text{ or } b) = P(a) + P(b)$$

$$P(2 \text{ or } 4) = \frac{2}{8} + \frac{1}{8} \Rightarrow \frac{3}{8}$$
 Add each probability

The 'AND' rule (independent)

$$P(a \text{ and } b) = P(a) \times P(b)$$

Flip a coin twice

$$P(2 \text{ tails}) = \frac{1}{2} \times \frac{1}{2} \Longrightarrow \frac{1}{4}$$

Multiply each probability

Science: GCSE Organic Chemistry

1. Key Words					
Hydrocarbon	Compound made up of only carbon and hydrogen atoms				
Alkane	Saturated hydrocarbon containing only single bonds between the atoms				
Alkene	Unsaturated hydrocarbon containing at least one double bond				
Cracking	A process that uses high temperatures and a catalyst to break down long chain alkanes into smaller alkanes and alkenes making more useful products				
Fractional Distillation	A process of separating the different chain lengths of hydrocarbons found in crude oil				
Crude oil	Fossil fuel made from the remains of dead plants and sea creatures millions of years ago and contains a millions of years ago, containing a mixture of different hydrocarbons				

2. Properties of Hydrocarbons					
Viscosity	This refers to the thickness of the liquid hydrocarbon. As the length of the hydrocarbon chain increases, the viscosity increases and the liquid compound becomes thicker				
Boiling point	This refers to the temperature at which the liquid hydrocarbon changes into a gas. The longer the hydrocarbon chain, the higher the boiling point				
Flammable	This refers to how easily the hydrocarbon sets on fire. The smaller the hydrocarbon chain the more flammable it is				

Challe	Challenge Questions					
1	How is crude oil formed?					
2	Why would hexane be an unsuitable fuel for cars?					
3	How could you investigate the effects of temperature on the viscosity of a hydrocarbon?					
4	Research some uses of simple alkenes (ethane to hexane)					

3. Alkane	s	
General Forn		C_nH_{2n+2}
Alkane name	Alkane formula	Alkane structure
Methane	CH ₄	H—I—H I—H
Ethane	C ₂ H ₆	H H H—C—C—H I I H H
Propane	C ₃ H ₈	H H H
Butane	C ₄ H ₁₀	H H H H H-C-C-C-C-H H H H H
Pentane	C ₅ H ₁₂	H H H H H H—C—C—C—C—C—H I I I I I H H H H H
Hexane	C ₆ H ₁₄	H H H H H H H-C-C-C-C-C-C-H H H H H H H

Science: GCSE Chemical Analysis

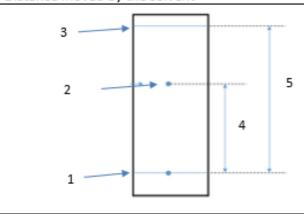
1. Key Words		
Pure substance	A substance that contains a single element or compound, not mixed with any other substance	
Formulation	A mixture that has been designed for a specific purpose	
Melting point	The temperature at which a substance changes from a solid to a liquid	
Boiling point	The temperature at which a substance changes from a liquid to a gas	

2. Chromatography

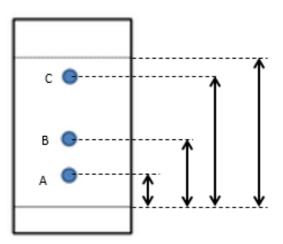
This is a separation technique used to separate mixtures in dyes inks, paint and DNA

The R_f value is a measure of how far up the chromatography paper the solute moves compared to the solvent.

R _f equations			Distance moved by the solute
			Distance moved by the solvent
1	Baseline		Pencil line that the solute is placed on
2	Solute	The final position of the solute	
3	Solvent front	t The final position of the solvent	
4	Distance moved by the solute		
5	Distance moved by the solvent		



3. Testing for Gases			
Gas	Test	Positive Result	
Hydrogen	Place a lit splint into the gas	Squeaky pop noise	
Oxygen	Place a glowing splint into the gas	Splint will relight	
Carbon dioxide	Bubble the gas through limewater	Limewater will change from colourless to cloudy	
Chlorine	Place damp blue litmus paper into the gas	Litmus paper will change colour to pink and then bleach to white	



Challenge Questions			
1	Name 3 formulations		
2	Calculate the R _f of solute B		
3	Why might you need to test for the presence of a gas		
4	Use the diagram above to explain the relationship between $R_{\rm f}$ value and the distance travelled by the solute		

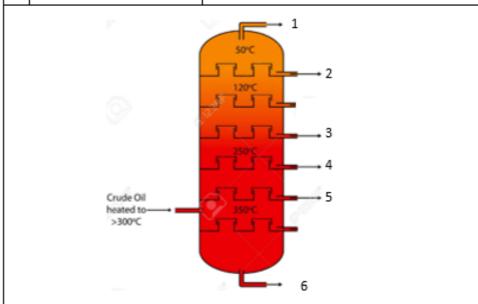
Science: GCSE Organic Chemistry

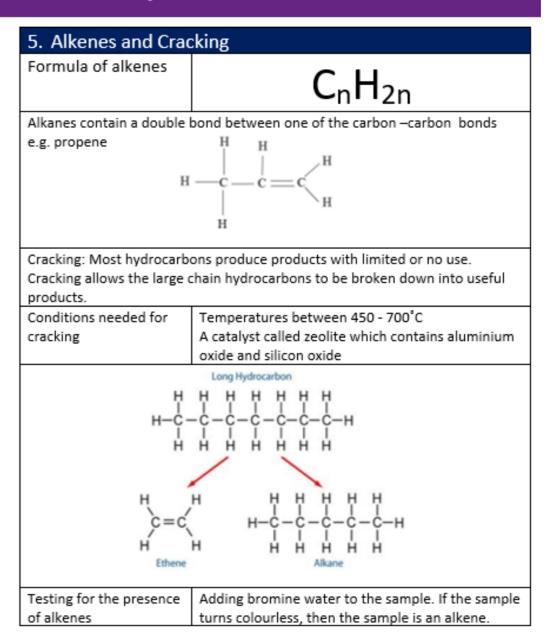
4. Fractional Distillation

- 1. In a furnace, crude oil is heated until it boils.
- The vapour then passes into the fractionating column which cools as it moves up the column.
- Those hydrocarbons with the highest boiling points condense first and are extracted.

4. This continues up the column

_				
		Fraction and chain length	Use	
	1	Fuel gas (C 1 – 4)	In camper stoves and gas bottles	
	2	Petrol (C 5 – 10)	Used as fuel in cars	
	3	Kerosene (C 10 – 16)	Used a fuel for aeroplanes	
	4	Diesel (C 14 – 20)	Used as fuel for cars and lorries	
Γ	5	Lubricating oil (C 20 – 50)	Used in making oils, waxes and polishes	
Γ	6	Bitumen (C 70+)	Used to tar roads and felt roofs	





Science: GCSE Using Resources

1. Key Words		
Finite	A resource that will eventually run out	
resource	, , , , , , , , , , , , , , , , , , , ,	
Renewable	Resources that reform at a similar, or faster, rate	
resources	that we use them	
Life Cycle	An assessment of the environmental impact of a	
Assessment		
(LCA)	product over each stage of its life	
Sustainable	Meeting the needs of the present society whilst not	
development	damaging the lives of future generations	

2. Life Cycle Assessments

These are often used to determine the most environmentally viable option in production of a product.

LCA Stage	Plastic bag	Paper bag	
Raw Materials	Crude oil	Timber	
Manufacturing and packaging	Key components extracted by fractional distillation. Waste has other uses	Takes lots of energy to pulp timber and creates lots of waste	
Using the product	Reusable	Single-use	
Product disposal	Recyclable, not biodegradable	Biodegradable and recyclable	

Copper is a finite resource that is becoming scarce Sustainability can be improved by extracting copper from low grade ores Plants are grown in copper rich soils The plants absorb the copper and levels build up in the leaves Phytomining Crops are harvested and burned to leave ash containing copper compounds Copper is extracted using a displacement reaction with scrap iron. Bacteria are used to convert the copper

Bioleaching

compounds in the ore into soluble copper

The copper is then extracted using electrolysis

4. Recycling			
Recycling helps to save on the large amounts of energy required to extract and process natural resources.			
Material	Process	Extra Info	
Recycling metals	Waste metals are melted down and recast into new products	Amount of separation required for the recyclable metal depends on the metal and the final product	
Recycling glass	Waste glass is separated in to colours, crushed and melted This is then reshaped in to new products	Glass bottles can also be washed and sterilised and used again instead of recycling them	

compounds

Science: GCSE Using Resources

5. Treating Water				
Key Word Def		Definition		
Potable water		Water that is safe	to drink	
Pure	water	Water that contai	ins only water molecules	
Grour	nd water	Water from unde	rground rocks and rain	
Treat	Treating ground water to produce potable water:			
1	Passed thr stones	ed through a mesh that removes larger debris such as twigs and		
2	Passed thr	ssed through a filter to remove any smaller solid bits		
3	Water is sterilised to kill off any harmful microbes using chlorine, ozone or UV light			
There	There are two methods of treating salt water to produce potable water:			
Distillation Reverse osmosis			Reverse osmosis	
Water is boiled and the condensed to remove the salt			The water is passed through a membrane that only allows water molecules through	

Life cycle stage of a pillow case	Lifetime energy use (%)
Raw materials	10
Manufacture	15
Use	70
Disposal	5

Challe	Challenge Questions		
1	What do humans use natural resources for?		
2	How can sustainability be improved?		
3	Why might extracting metals form low grade ores desirable?		
4	Evaluate the use of energy in the lifecycle of a pillow case and suggest how		
+	the energy use could be reduced		

6.	6. Waste Water Treatment				
1	Screening	Large waste products are removed			
		such as paper			
2	Sedimentation	Tiny particles settle to the bottom of			
		a still tank that then splits in to two			
		sections effluent and sludge			
3	Aerobic digestion of	The effluent is treated with aerobic			
	organic matter	bacterial to reduce the volume of			
		solid waste			
4	Anaerobic digestion of	The sludge is digested anaerobically			
	organic matter	by specific bacteria			
5	Released back into the	The treated effluent is returned to			
<u> </u>	environment	rivers and water ways			
6	Natural gas	Methane gas is produced from the			
		anaerobic digestion of sludge and can			
<u> </u>		be used as a fuel			
7	Fertiliser	The remaining sludge is rich in			
		minerals and can be used as a natural			
<u> </u>		fertiliser			
		3			
		effluent 5			
	6				
	2 sludge				
	Shuge				
	4 2 7				

1. DNA			
1	Nucleus	Organelle that contains the genetic material	
2	Chromosomes	Long molecule of DNA that comes in pairs	
3	DNA	Sequence that codes for the	
4	Gene	Single section of DNA that is responsible to specific characteristics	

2

3

2. The Human Genome Project		
Genome	The entire sequence of the genetic material in an organism	
Human Genome Project	25 year research project that mapped the entire human genome to identify specific locations of the genes each chromosome.	
Application		Advantage
Genes linked to genetic diseases can be identified		Gives a better understanding of how genetic diseases are inherited, so effective treatments can be developed
Tiny differences in peoples genomes can be studied		Helps to trace migration patterns of past human populations

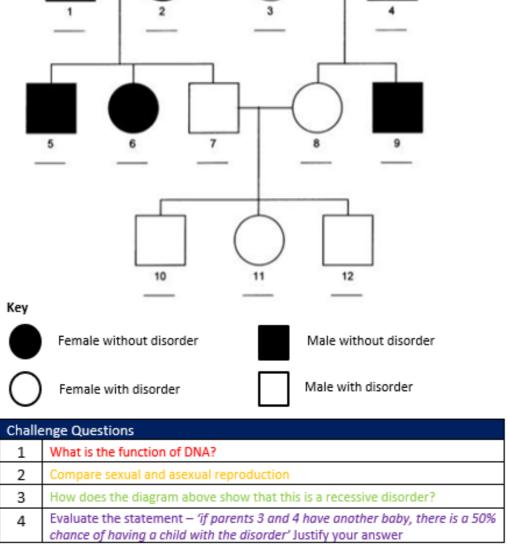
3. Cell Division in humans	
Mitosis	Meiosis
Used for growth and repair	Used in the production of gametes
Once cell division per cycle	Two cell divisions per cycle
Daughter cells contain 46 chromosomes	Daughter cells contain 23 chromosomes

4. Key Words	
Gamete	Sex cell
Allele	Single gene from a gene pair
Genotype	Coding used for a characteristic
Phenotype	Description of the chearacteristic
Dominant	An allele that is always expressed
Recessive	An allele only expressed when there are 2 recessive genes present
Homozygous	Alleles code for the same characteristic
Heterozygous	Genes code for different characteristics
Sexual reproduction	Fusing of nuclei from gamets, produces variation
Asexual reproduction	One parent, produces genetically identical offspring
Mutation	A random change in the sequence of DNA
Variation	Changes in a population caused by a mutation (differences in phyisical, chemical and behavioural characteristics between organisms or individuals)
Genetic variation	Variation that is caused by the inheritance of alleles of genes
Environmental variation	Variatio that is caused by the effects of environmental factors

5. Determining Gender			
Female Genotype	XX		
Male Genotype	XY		
Each time an egg is fertilised there is a 50% chance it will be a girl.	Female XX X X X XX XX Male XY Y XY XY		

6. Inherited diseases		
	Caused by a recessive gene	
Cystic Fibrosis	Affects the cell membrane formation, causing mucus	
	to build up in the lungs and digestive tract	
Doludactulu	Caused by a dominant gene	
Polydactyly	Causes an extra digit to grow on the hand or feet	

7. Embryo Screening This is where one cell from an embryo is taken and the DNA is checked for the presence of specific genes For Against It will help prevent people suffering Screening is expensive People might want to screen Treating disorders costs the embryos so they can pick the most government a lot of money 'desirable' trait Ethical issues as embryos found with There are laws to stop the procedure genetic disorders are often being misused destroyed (killing potential life)



8.	Evolution	1	
The theory of EVOLUTION by NATURAL SELECTION was put forward by Charles Darwin			
	Stage	Explanation	
1	Variation	There is genetic variation within a population caused by inherited genes	
2	Competition	Over production of offspring leads to increased competition	
3	Selection	Individuals with beneficial adaptations are more likely to survive to pass on their genes	
4	Inheritance	Over many generations there is a change in the allele frequency	
1 pedow brown 2 2			
Spe	I .	group of organisms that have similar features that can breed	
	to produce fertile offspring		

9. Extinction			
What is extinction?	When the all the organisms of a species have die and there are none left alive		
Causes of extinction	1. NEW disease 2. NEW predator 3. Lack of food 4. Climate change 5. Natural disasters		

10. Fossils	
What are fossils?	Remains or imprint of an organism that dies millions of years ago, found in rocks, ice and peat
How do fossils form? (rocks)	Organism dies and falls to the ground Layers of sediment over the dead organism Over millions of years, the layers turn to rock and minerals in the rock replace the minerals in the bones of an animal This happens because decay cannot occur.
What information can fossils tell us?	Early life was simple. The evolution of a species can be predicted by looking at differences between the fossils of a species.
Why do we not have fossils for the early life on Earth?	Fossilisation is rare as most organisms decay Fossils can be easily become damaged as the rocks move due to tectonic plates Most early life has soft body forms which do not fossilise

11. Classification			
Carl Linnaeus	Developed the system of classification used today		
Binomial name	Official name of a species including the genus and species name		
3 domain system • Archaea – an developed by Carl • Prokaryote –		n be classified in to 3 domains ncient simple bacteria, often extremophiles bacteria complex organisms including animals and	
Group		Mnemonic	
Kingdom		King	
Phylur	n	Philip	
Class		Came	
Order		Over	
Family		For	
Genus		Good	
Species		Soup	

12. Genetic engineering		
Genetic Engineering (Genetic Modification – GM)		Process of inserting the gene of one organism to the DNA of another to change or enhance specific characteristics.
Plasmid		Ring of secondary DNA in a bacteria cell
Geneti	ically engineerin	g insulin using bacteria (HT only)
1	Chromosome co	ontaining desired gene is removed
2	Plasmid from a l	bacteria is removed
3	Enzymes are use	ed to cut the gene from the DNA
4	Enzymes are use	ed to cut out a section of the plasmid DNA
5	The desired gen	e is inserted in to the plasmid using enzymes
6	The plasmid is placed back into the bacteria, which multiplies rapidly, copying the gene and making insulin	
1 2 4 3 5		

13. Selective Breeding			
Process of selecting individuals of the same species with the desired characteristic and breeding them to produce offspring with the desired characteristics			
Benefits of selective breeding		Produce disease resistant crops, increase the yield of milk and meat from cattle, increased growth rate of chickens so meat can be sold earlier, domestication of pets (more attractive and docile) and many more	
Concerns of selective breeding		It does not always work and takes a long time. Interbreeding of organisms can cause disease or defects	
Me	Method for selective breeding		
1.	Select a male and female with the desired characteristics		
2.	Breed together		
3.	Check the offspring for the desired characteristics		
4.	If desired characteristics are present continue to interbreed until the characteristic is always present. If the desired characteristic is not present, go back to step 1.		

Challenge Questions		
1	Why might people not agree with the use of GM crops as food sources?	
2	Why are bacteria used in genetic engineering of human proteins?	
3	Explain how a cactus with small spines may have evolved from an ancestor with larger leaves.	
4	Compare the information gained from ice fossils compared to the information gained from fossils formed in rocks.	

Learning Outcome 1: Understand the purpose and content of pre-production

Mood Boards

Definition

The purpose of a mood board is to assist in the design of a media product by collecting a wide range of materials (images, fonts, colours, etc.) that give an overall feel for what is needed. A mood board therefore provides a starting point which can be used for discussion with the client and can also be used to keep the project on track by referring back to it. It is not a representation of what the final product will look like.



The above mood board shows examples of images, styles and colours that may be used in a graphic.

Mind Map/ Spider Diagram

Definition

These can be used to quickly generate different ideas or to show links between different concepts. Mind maps will have a central theme with branches springing from it connecting different sub nodes. They are used at the start of the design process.



This example has a central theme springing different ideas. Each idea springing from the central theme is called a 'node'.



Definition

Storyboards are used for moving images (animation/film) to help plan what will happen throughout the course of a scene. A storyboard will show images of what is happening in the scene and can also be annotated with a description of the scene and how long it lasts for. Story boards will help people to visualise the camera angles that will be used as well as different aspect of lighting, special effects/sounds and props/costumes. More importantly a storyboard will show how the different elements of a scene fit together. This can be shared with the client before production begins so that changes can be suggested and agreed. It can also be shared with the cast and crew as a guide to what they should be engaged with at a particular time. Storyboards may also help to build up an idea of the budget that may be required.

Storyboards



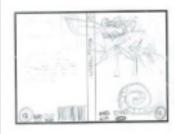
The above storyboard shows each sections place in the scene, duration and denotes what will be happening along with a pictorial representation.

Visualisation Diagram

Definitio

Visualisation diagrams are used to plan the layout of a static image in a visual manner. This will give an indication to the client of how the final document might look. This will enable them to suggest changes before the image goes into production which will save time in the long run.

Example



The visualisation diagram above gives an accurate portrayal of what the final graphic might look like. In this case the graphic is a DVD cover.

Visualisation Diagram

Definition

perform a number of different functions including; identifying the place where an action is to take place, identifying which different characters will be in a particular scene, providing stage directions (movements), and stating what dialogue will be used in a particular scene. Scripts will also contain comments about the particular mood for a scene which the actors can use to take gues

Example

ROWNIAN

**Then's more links, vers... Thinks is how you use the morals... that you bean from a story?

**TON weight the answer, trime to be seconcepting.

**TON weight the answer, trime to be seconcepting.

**TON ONLY.*

**TON

dialogue between the two characters, as well as setting the scene for what the characters are thinking and their actions.

Learning Outcome 2: Be able to plan pre-production

Client Brief/ target Audience

Definition

Interpreting client briefs — A client brief will explain what the client's needs are for a specific product. It will also normally outline who the target audience is for the product that is to be designed as well as any specific design elements that the client may have. It is then the job of the designer to interpret this to develop success criteria through which the product can be developed.

The importance of target audience – The target audience is the group of people who the end product will be designed for. The client could request that the product be developed for people of a certain age, gender, occupation or with specific interests. The type of person who the product is being developed for will have a huge impact on how it is designed influencing colours, images, complexity, etc. Without having a really good understanding of the target audience it is unlikely that a designer will be able to create an effective solution to the client's needs.

Health and Safety Considerations

There are a number of different health and safety concerns that could arise in the media industry including; loud noises, machinery, lighting, weather, heavy lifting, trip hazards, working with water and electricity. Methods of reducing these risks needs to be considered before work starts!

Legislation

Copyright - gives the creator of an original work the intellectual property right to decide how the work can(not) be used. The creator is protected by the law so that any breach of copyright could lead to people who have used the work without permission being sued. This could lead to them having to pay compensation to the copyright holder and for businesses would have a negative impact on their reputation. If the creator of an original work feels they would like others to be able to use it free of charge then they can register it under a creative commons licence to enable people to do this so long as they acknowledge the original creator and any limitations as to use.

Trademarks – a trademark is a method used by businesses to make their work recognisable. This could be in the form of an image (logo), word, phrase, symbol or design. The symbol * is used for a registered trade mark and * for an unregistered trade mark.

Data protection – this legislation makes it the responsibility of organisations to seek permission to hold personal information about people (e.g. names, addresses, phone number, etc.), be transparent about how they use the information and ensure that it is kept secure. As such they need to ensure that they follow these rules:

- 1. Always have permission from the person whose data you are storing.
- 2. Only keep the amount of data that you have a reason to keep.
- 3. Only keep the information for as long as it is required.
- Ensure that any information held is kept up to date.
- Ensure that the information is stored in a secure location and that all possible steps are taken to avoid theft, deletion or modification of data.
- 6. Do not share the information with other organisations without permission.
- Never share data with organisations in other countries that do not have data protection legislation.

Breach of these rules can lead to legal action being taken against the company and damage caused to its reputation.

Privacy – In UK law the right to privacy is protected under the Human Rights Act 1998. This means that a person has the right to have their private and family life respected, and as such not to be subjected to an invasion of privacy in their home or to have their correspondence tampered with (post, emails, telephone, etc.)

Defamation - this is where a false statement has been made about a person that could cause damage to their reputation.

Certification and Classification



- U This rating is aimed at children of 4 years and older. As such to meet this requirement media must ensure that there is no language which may be considered discriminatory (unless disapproved of) or offensive. There should be no nudity of a sexual nature and violence will be very mild. Drug used should not be present unless in the form of an educational message.
- PG As for U except mild violence may be permitted as long as it is not prolonged and is in context. Frightening sequences where characters are in danger should not be prolonged and sexual activity can only be implied.

 12 Misuse of drugs must be infrequent and should not be glamorised. Media should not promote dangerous acts that could be imitated. Nudity should be discreet and seldom. Horror images may be shown however.
- 12 Misuse of drugs must be infrequent and should not be glamorised. Media should not promote dangerous acts that could be imitated. Nudity should be discreet and seldom. Horror images may be shown however these should not form the main basis of the work. There may be moderate violence but this should not lead the viewer to dwell on the detail.
- 15 Discriminatory language may be used (racist, homophobic, etc.) however this cannot be endorsed by the film. Drug use may be shown but this should not be glamorised. Dangerous situations can be shown however these should not be easy to imitate. Strong language may be used infrequently and in context. There are no constraints on nudity in a non-sexual nature. Strong violence may be shown but the image should not focus on pain or injury.
- 18 These works are deemed as being suitable only for adults who are free to choose their own entertainment.





Learning Outcome 3: Understand the purpose and content of pre-production

Creating Pre-production Documents

Mind mapping - There are multiple steps which can be used in order to create an effective mind map:

- You need to ensure that you start with a central idea. This should be in the centre of the page so
 that it draws your attention. You can also include an image that represents the mind map's topic,
 this will help to strengthen the connection you have to the main theme.
- Add branches to the mind map the main branches forming from the central idea should each
 follow a specific theme, which can then be explored in more depth by adding more branches from
 them giving more detail.
- 3. Ensure that key words are used on separate branches as this will help to spark more associations.
- Colour code the different branches of the mind map to help personalise it further and add more visual stimulation.

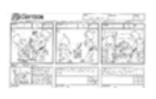
Visualisation diagrams – when creating these it is important that you remember who the audience is as this will affect the amount of detail that needs to be included. Remember this should give the client a clear idea of what the final product will look like. Add annotations or labels where required to enhance their understanding. Also if required give an indication of scale.

Storyboards – A storyboard is a series of diagrams that shows a sequence of displays. A storyboard should contain the number of scenes, scene content, timings, camera shots (e.g. close up, mid, long), camera angles (e.g. over the shoulder, low angle, aerial), camera movement (e.g. pan, tilt, zoom or using a track and dolly), lighting (e.g. types, direction), sound (e.g. dialogue, sound effects, ambient sound, music), locations (e.g. indoor studio or other room, outdoors).

Scripts - Scripts perform a number of different functions including; identifying the place where an action is to take place, identifying which different characters will be in a particular scene, providing stage directions (movements), and stating what dialogue will be used in a particular scene. Scripts will also contain comments about the particular mood for a scene which the actors can use to take ques from.









Depending on the different type of document being created a different file format will need to be selected. The table below outlines the different file formats available for different types of media:

File Formats

File	Use	Description
MPG	Video Files	 Compressed file formats (Lossy)
MOV	7	 Smaller file sizes
MP4	7	 Faster loading online (speed)
		 Compression lowers quality
SWF	Animation	 Compressed file formats
	1	 Small file sizes
	1	 Fast loading online (speed)
		 Can be animations, games and video
FLV	7	 Flash video format
	1	 Not compressed
		 Opens in 'Flash' software
		Editable
JPEG	Image Files	 Lossless compression; photography
GIF		 Small file sizes/ Online / web buttons
PNG	7	 Lossless compression; supports
		transparency; photography
TIFF	7	 Large file sizes / Posters / high quality printing
PDF	7	 Un-editable/ Documents
WAV	Audio Files	 Uncompressed / high quality / Windows only
AIFF	7	 Uncompressed / high quality / Mac only
MP3	7	 Compressed / small file sizes / good for devices

Naming Conventions

Ensure that all files are given an appropriate name so that they could be identified by a third party. Where there are different versions of a file version control should be implemented by adding the version of the document to the end of the file name e.g. _V0.1 would indicate that it is the first version of the file.



Learning Outcome 4: Be able to review pre-production documents

Reviewing a Pre-production Document

Introduction

In order to review a pre-production document it is important to ensure that you are consistently referring back to the brief / client's requirements - Review and compare your work to the original brief - have you done what was asked? How? Think about the following:

- . Format Has the client specified the type of file format or layout required? If not how have you interpreted what is needed to deliver on this?
- . Style Has the client requested a specific style? Or do you need to analyse the target audience to develop a suitable house style? How have you achieved this?
- . Clarity Is the documentation understandable? Look back at the documentation and think that if you were the client, would you be able to understand the plans that have been drawn up in sufficient detail in order to make an assessment of whether they are correct or not. Clarity in the design phase will save a lot of time and effort in the long run as fewer things will need to be corrected before final approval.
- . Suitability of content for the client and target audience this could be in terms of the content that has been included in the design or the level of language that has been used e.g. is it too simplistic or complex. Pitching this right is a real skill that needs to be developed over time.

Analysing Positives and Negatives

When thinking about what went well in the project, and what could potentially be improved upon, make sure that you refer back to the project brief and comment on the following:

- Format Style
- Clarity
- · Suitability of content for the client and target audience
- Colour scheme
- Content

Writing a Conclusion

When writing a conclusion in order to be successful you need to summarise in brief how well you feel you met the requirements of the overall brief. Also assess what you have learnt from the process of the project and explain how this could be taken forward into future projects that you may undertake. You should also give some consideration to the future of the project that you have undertaken. How could it be further improved or extended upon? For example. You should write about your role in the project management process e.g. how well do you feel you managed your time/ resources? How well did you act on advice or feedback from the client?

Finishing Touches

In order to make sure that the final pre-production documents are professional you should always take care to do

- . Use technical language & terminology correctly and to a level that will be understood by the target
- · Focus on correct spelling, grammar and punctuation.



GCSE Design & Technology New & Emerging Technologies

1. CAD - Computer Aided Design

at the second parties of the second s			
Advantages of CAD	Disadvantages of CAD		
Designs can be created,	CAD software is complex to		
saved and edited easily,	learn		
saving time			
Designs or parts of designs	Software can be very		
can be easily copied or	expensive		
repeated			
Designs can be worked on	Compatibility issues with		
by remote teams	software		
simultaneously			
Designs can be rendered to	Security issues - Risk of data		
look photo-realistic to	being corrupted or hacked		
gather public opinion in a	- O		
range of finishes	2D°		
CAD is very accurate	SolidWorks DESIGN		
CAD software can process			
complex stress testing	CAD Software		

2. CAM - Computer Aided Manufacturing

Advantages of CAM	Disadvantages of CAM
Quick – Speed of	Training is required to
production can be	operate CAM.
increased.	
Consistency – All parts	High initial outlay for
manufactures are all the	machines.
same.	
Accuracy – Accuracy can be	Production stoppage – If the
greatly improved using	machines break down, the
CAM.	production would stop.
Less Mistakes – There is no	Social issues . Areas can
human error unless pre	decline as human jobs are
programmed.	taken.
Cost Savings – Workforce	
can be reduced.	







Robots Barcode Scanner



3: Production Techniques

3.1 Flexible Manufacturing Systems (FMS):

involves an assembly of automated machines commonly used on short-run batch production lines where the products frequently change.

- **3.2 Lean Manufacturing**: It aims to manufacture products just before they are required to eliminate areas of waste including:
- Overproduction
- Waiting
- Transportation
- · Inappropriate processing
- Excessive inventory
- Unnecessary motion
- Defects
- **3.3 Just In Time (JIT)**: Items are created as they are demanded. No surplus stock of raw material, component or finished parts are kept.

Advantages of JIT	Disadvantages of JIT
No warehousing costs	Reliant on a high quality supply chain
Ordered secured before outlay on parts is required	Stock is not available immediately off-the- shelf
Stock does not become obsolete, damaged or deteriorated	Fewer benefits from bulk purchasing

4. Scales of Production

One off: when you make a unique item

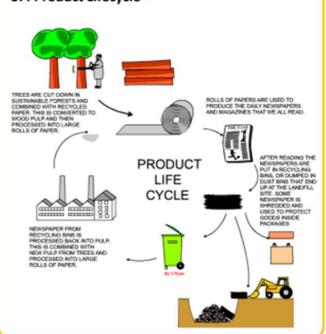
Batch: when you make a few/set amount

Mass: when you make thousands

Continuous: open ended production

5: Informing Design Decisions

- **5.1 Planned obsolescence** Planned obsolescence is when a product is deliberately designed to have a specific life span. This is usually a shortened life span.
- **5.2 Design for maintenance** Products are often designed to be thrown away when they fail... This can be achieved by designing products that can be repaired and maintained.
- **5.3 Disposability** Some products are designed to be disposable.
- 5.4 Product Lifecycle -



7: KEY WORD FOCUS

You should be able to explain the meaning of each of these words by the end of this rotation.

CNC	Computer Numerical Control
EPOS	Electronic Point Of Sale (Barcodes)

Social, Moral, Environmental and Sustainability issues.

Social

We are all part of one world and we do rely upon each other. Any thing we can do to promote positive work or play is good however as designers we also have a responsibility to make sure designs don't have a negative impact. Products can really influence us as people and as designers we need to be positive role models encouraging 'Social Harmony'.

Moral

As a designer you have a moral responsibility to do the right thing. Moral issues is about being fair and honest. You should be thinking about what is 'right' for the consumer. For example a moral designer should be considering the safety of potential users as a high priority as well as making sure they don't feel uncomfortable or come to any harm. People with strong morals are honest and decent and will put other people before their own personal gain.

Environmental & Sustainability

When developing designs you need to think about environment and sustainability issues as we only have one planet and need to make sure we look after it.

- -The materials will have an impact of some kind
- -using materials that can be easily recycled is a good start
- locally sourced uses less fuel
- open cast mines and deforestation have negative impact

Energy consumption is also important. A lot of energy comes from fossil fuels so needs to be reduced. An efficient making process uses less electricity and relies less on fossil fuels.

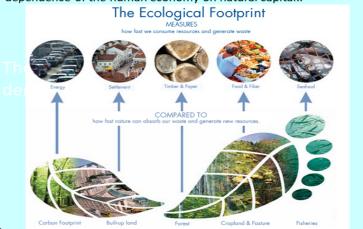
Fairtrade

Fair trade is an institutional arrangement designed to help producers in developing countries achieve better trading conditions. Members of the fair trade movement advocate the payment of higher prices to exporters, as well as improved social and environmental standards



Ecological Footprint

The **ecological footprint** measures human demand on nature. it is a measure of human's impact on Earth's ecosystem and reveals the dependence of the human economy on natural capital..



Carbon Footprint

Sustainable living is a lifestyle that attempts to reduce an individual's or society's use of the Earth's natural resources and personal resources. Practitioners of sustainable living often attempt to reduce their carbon footprint by altering methods of transportation, energy consumption, and diet.



GCSE Design & Technology Sustainability

1. Sustainability

Avoidance of the depletion of natural resources. Finite Resources e.g. Ore and Oil

Materials which are in limited supply. Use of these should be avoided where possible or only used in small amounts.

Non Finite Resources e.g. Trees and Plants Materials in abundant supply and are unlikely to ever run out or ones that can be grown again.

The impact of the use of resources can be measured by the following:

- CO₂ emissions
- Transportation method and distance travelled
- · Impact on the environment through mining or harvesting
- Availability or scarcity
- Maintenance or repair costs
- Ethical and moral issues

2. Life Cycle

Life cycle assessment (LCA) to assess the impact of a product during the different stages of its life. The 5 main



3. Waste Disposal

Consideration to waste disposal has an impact on the

Businesses are charged for waste disposal, reducing waste disposal will save money.

within a business are:

- Less raw materials required
- · Reusing waste materials/components within a
- Sale of recyclable waste

environment and a product life cycle.

The effects of careful consideration of waste disposal

- company
- Energy to heat and power a business could be generated

Technologies that have a positive impact:

- · Renewable materials from managed resources
- · Use of renewable energy
- Using recyclable materials
- Consideration to the 6r's
- Designing products with low power consumption
- Designing products with fewer components and reduced weight
- Designing products that are upgradable extending their life
- Creating products that are sourced, produced and sold locally

Technologies that have a **negative impact**:

- Use of finite/non-recycled materials
- Use of components that are hard to repair
- Use of fossil fuels for power
- Products with high power consumption
- Products that have built in planned obsolescence
- · Components that are shipped globally

5. Key Terms

Continuous Improvement

Kaizen, also known as continuous improvement, is a long-term approach to work that seeks to achieve small, incremental changes in processes in order to improve efficiency and quality. It is best known for being used in lean manufacturing.

Efficient Working

Just in time (JIT) and lean manufacturing are examples of how businesses reduce costs. Other examples are members of staff doing 'energy walks' to turn off lights etc. to reduce costs and CO₂ emissions.

Pollution

Business's should aim to reduce pollution by conducting an LCA.

Global Warming

The release of CO2, methane (CH4) and nitrous oxide (N2O) into the environment resulting in the rise of average temperatures of the earth's atmosphere and oceans.

Carbon Offsetting



GCSE Design & Technology Sustainability

The 6 R's

The 6 Rs are an important checklist. They are used by designers to reduce the environmental impact of products. They can also be used to evaluate the environmental impact of other products.

The hierarchy of sustainability places the strategies that are best for the planet about those that have a greater negative impact on the environment.



Refuse

The first stage in the process is to ask whether the proposed product, part, purchase or even journey is required at all. Asking the question 'Is it really necessary?' can play a major role in reducing the demand on materials. Simply not using something saves 100% of what you have chosen not to use. Example include:

- · Using your own carrier bag rather than purchasing a new one.
- · Walking or cycling to school instead of being driven.
- Not using products such as some pesticides that are known to be harmful to the
 environment.
- · Not eating (or using) products that are over-farmed, over-fished or on the endangered list.

2. Rethink

Consumers have a growing number of choices to make about where and on what they spend their income. Greener and more sustainable options are not always the cheapest or the best, but making informed decision and rethinking ones spending power can play a huge part in conserving resources.

Deciding on the design of a product, e.g. the materials being used in its production, will directly affect its sustainability. The types of questions designers need to ask are:

- Are the materials locally sourced?
- · Are they sustainably produced?
- · Is it essential to use this material, of which there is a finite supply?

By rethinking how the product is likely to be made, the product can often be redesigned in a more responsible way.

3. Reduce

Reduction is often the result of having re-thought a design or action. Materials and energy are saved due to efficient manufacturing practices and the use of clever design, incorporating sustainable materials.

- Modern materials that are lighter and stronger than traditional ones have contributed to the miniaturisation of products, saving material and energy in manufacture and use.
- Reducing the complexity or number of parts a product uses and reducing the number of different materials in a product makes recycling easier.
- In factories, schools and hotels, fitting motion sensitive lighting and smart heating systems can significantly reduce energy usage.
- Many large companies employ staff to conduct 'energy walks' to turn off unused appliances and lights and to ensure windows and doors are shut to conserve heat.

4. Reuse

Reusing products multiple times for the same purpose is also known as **primary recycling**. Reusing a product in a different way from the one it was designed for is known as **secondary recycling**. The classic glass milk bottle is reused many times before it reaches the end of its useful life, as which point it is recycled. A plastic milk bottle, however, is intended to be used only one, although it can have many

the classic glass milk bottle is reused many times before it reaches the end of its useful life, as which point it is recycled. A plastic milk bottle, however, is intended to be used only one, although it can have many different subsequent uses.

Donating to and buying from charity shops extends the life of products and in recent years there has been a resurgence of in products having second lives, thanks to websites such as eBay, Freecycle or Gum tree.







It is also becoming popular for furniture and other household items to be **upcycled** with a coat of paint and some minor repairs or adaptations, extending their useful life by many years.

5. Repair

Being able to repair a product when it is broken or worn is a way of extending its life and delaying the purchase of a new one. Repairing is a positive option over replacement as it means that only some parts of the product are replaced. This creates jobs for skilled people who conduct repairs and stimulates a spare parts market.

Unfortunately, repairing products has become harder over years. Growing number of products are not design to be repaired. There are a number of reasons why items may be designed this way, but it is usually because they are cheaper to replace than repair. Some products, especially modern electronic products, are designed to last only a few years as technology dates quickly and older products will be superseded by newer, faster, more efficient models. This is called **planned obsolescence**.

6. Recycle

Tertiary recycling, although a very important stage, is lower down the hierarchy of preferred options because most materials that are recycled this way tend to be of lower quality than the original material. It takes a lot of energy to recycle materials.

This form of recycling requires the reprocessing of the material and in many cases involves chemicals and/or heat to recover the recycled materials. In an ideal world, tertiary recycling would remove all recyclable materials from our household waste so that only biodegradable materials would be left. Only very few parts of the world are set up to cope with this level of processing.

7. Sustainability

Our planet has to provide all of our basic human needs, such as food, shelter and warmth. Designers now have a much better understanding of which materials are sustainable and which are not. The general principle is that resources fall into two categories:

Finite resources - are ones which are in limited supply or cannot be reproduced.

Non-finite resources – are ones which are in abundant supply and are unlikely to be exhausted.

8. Recyclable materials

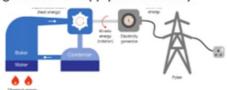
Once all useful and recyclable materials are removed, the majority of the remaining waste is organic matter and can be processed in one of two ways; 'Recover' or 'Rot'. Food waste and garden waste can be processed at a high temperature and turned into compost. The waste can also be buried in landfill sites where the resulting methane gas from the rotting matter is collected and burned and used to generate heat or electricity in the same way.

GCSE Design & Technology Energy Generation & Energy Storage

1. Energy Generation

Power can be generated from renewable and non-renewable sources. Non-renewable power is generated from fossil fuels.

Most electricity is created by rotating a turbine which turns a generator. Fossil fuels are burnt to create heat which superheats the water. The steam rotates the turbine which is linked to the generator to supply the electricity.



- 1.1 Fossil Fuels Most electricity in the UK comes from burning Fossil Fuels such as Coal, Gas and Oil. Fossil fuels are finite resources and cannot be replaced as they run out. Burning fossil fuels creates carbon dioxide and is not environmentally friendly and contributes to global warming.
- 1.2 Fracking Shale gas is trapped within the earths crust. Fracking is the process which removes it so it can then be burnt to create electricity. It involves drilling the earths crust and sending high pressure water, sand and chemical mixtures into the rock to release the gas.

3. Nuclear Power

Nuclear power is highly controversial. The process harnesses a nuclear reaction to create to create heat to power the turbines.

- Clean
- Efficient
- High start up costs
- Radioactive waste which is very dangerous to all living things.
- Nuclear waste stays radioactive for millions of years and is stored underground.

2. Renewable Energy

Energy that comes from the planets non-finite resources is renewable. It includes







2.1 Wind Power

- Low cost
- Produce More power in winter when demand is higher.
- Do not create power when not enough wind or it is too windy.
- · Harmful to wildlife
- Ugl

2.2 Solar Energy

- Low maintenance costs.
 Improvements in technology mean the efficiency is always improving.
- Only produce energy during daytime.
- Production is less in winter.

2.3 Tidal Energy

- Predictable and consistent.
- Machinery has to be located some distance from land making repair and maintenance difficult.

2.4 Hydro Electric Power

- Very reliable
- High set up costs both financially and environmentally.

2.5 Bio Fuel

- Carbon Neutral They absorb the CO2 whilst growing and produce similar amounts when burnt for energy.
- Vast amounts of land and water needed to produce the crops which contribute to food shortages in developing countries.

4. Energy Storage

Most mechanical power is stored by using tension or compression. Coiled springs used in clocks, watches and wind up toys store physical energy from the winding process which is then released slowly through cogs, gears and other mechanisms.

- **4.1 Pneumatics** A form of compression is used to store gas or air under pressure. They are commonly used to controlling production lines. They are accurate, efficient and low maintenance.
- **4.2 Hydraulics** Very similar to Pneumatics but uses a liquid, most commonly Oil. Extremely powerful and using in manufacturing industrial applications.

Both systems will use a compressor which pump the air or liquid into a storage tank to hold it until it is needed.

- **4.3 Kinetic Energy** any object in motion has kinetic energy. Objects not in motion store potential energy which is converted to kinetic energy when a force is applied to the object such as gravity.
- **4.4 Batteries** Electrical power can be stored in batteries. Battery technology has vastly improved alongside the power consumption of modern electronic devices helping save valuable finite resources.

Alkaline batteries are more efficient than traditional acid based batteries and hold their charge well.

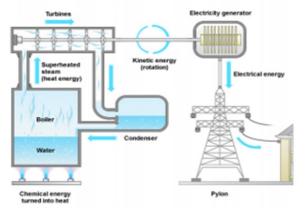
Rechargeable batteries are capable of being charge d and discharged thousands of times reducing the resources needed. The time it takes for rechargeable batteries to reach full charge has also improved in recent years making their use much more convenient.

4.5 Disposal of Batteries – Batteries must be disposed of correctly as they contain toxic electro chemicals. If placed in the normal bin and they end up in land fill sites, it will degrade over time and release harmful chemicals and metals into the soil and water.

GCSE Design & Technology Energy Types

Energy Types

1. Fossil Fuels - Non-renewable energy



In a thermal power station fuel such as coal, oil or gas is burned in a furnace to produce heat - chemical to heat energy.

- this heat is used to change water into steam in the boiler.
- the steam drives the turbine heat to kinetic energy
- this drives the generator to produce electricity kinetic to electrical energy.

Some experts believe that fossil fuels will run out in our lifetime.

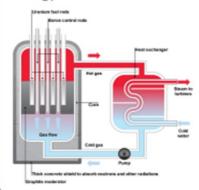
Energy Types 2. Biomass Energy —Renewable Energy



Biomass is an industry term for getting energy by burning wood, and other organic matter. Burning biomass releases carbon emissions, but has been classed as a renewable energy source in the EU and UN legal frameworks, because plant stocks can be replaced with new growth.

Energy Types

3. Nuclear Energy – Renewable energy



The main nuclear fuels are **uranium** and **plutonium**. In a nuclear power station nuclear fuel undergoes a controlled chain reaction in the reactor to produce heat - nuclear to heat energy.

- heat is used to change water into steam in the boiler.
- the steam drives the turbine (heat to kinetic energy)
- this drives the generator to produce electricity - kinetic to electrical energy.

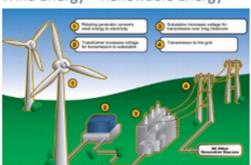
Energy Types

8.Batteries

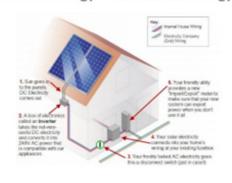
Alkaline batteries are the most common type of domestic batteries, they are disposable but contain chemicals that are bad for the environment. Fortunately more and more battery recycling banks are appearing now where most of the battery can be reused. Rechargeable batteries are better for the environment and more economical in the long run (High initial purchase price). Their lifespan decreases with every charge.

Energy Types

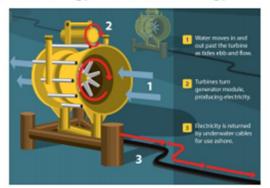
4. Wind Energy - Renewable Energy



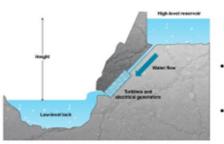
5. Solar Energy – Renewable Energy



6. Tidal Energy – Renewable Energy

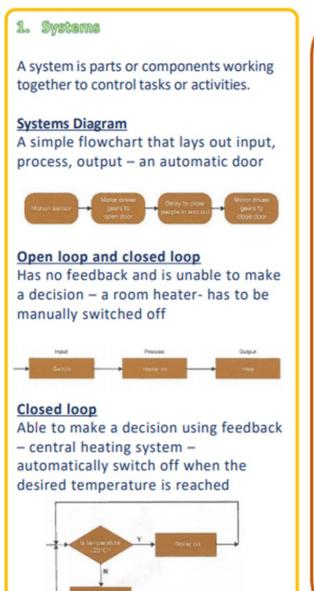


7. Hydroelectricity – Renewable Energy



- In a hydroelectric power station water is stored behind a dam in a reservoir. This water has gravitational potential energy.
- The water runs down pipes (potential to kinetic energy) to turn the turbine
- The turbine is connected to a generator to produce electricity (kinetic to electrical energy).

GCSE Design & Technology Electronic Components



Images from AQA

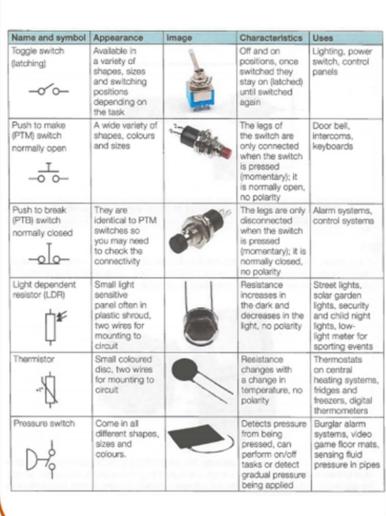
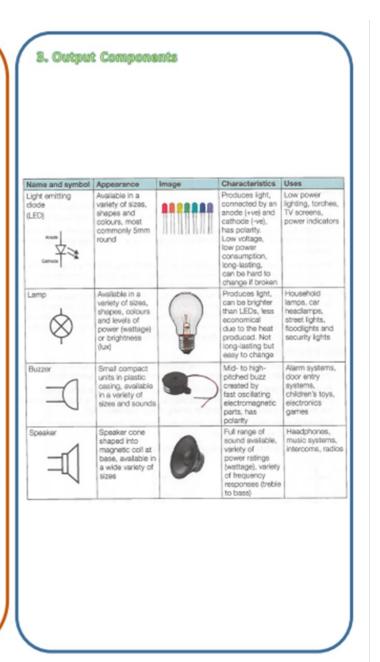


Image from AQA

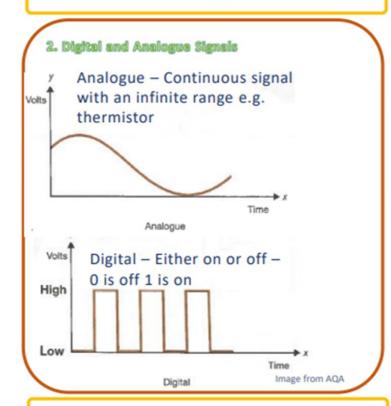
2. Input Components



GCSE Design & Technology Microcontrollers

1. Processes

Components that process electronic signals and enable output devices to perform tasks. This is controlled by an integrated circuit (IC) e.g. A microcontroller



3. Counters

Counters – Keep count of how many times something occurs, output information to a seven segment display.

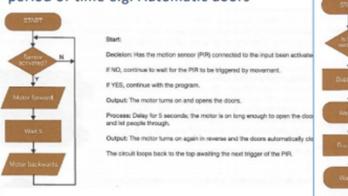
4. Programming

Micro controllers also called Peripheral interface controllers (PICs) can be programmed to perform differently by a computer.

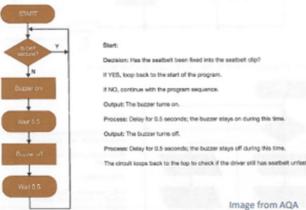
Timers

Devices used to perform specific tasks. 2 types monostable and astable.

Monostable – output turned on for a set period of time e.g. Automatic doors

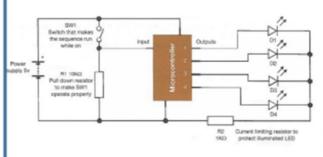


Astable – fluctuates between on and off – oscillating output e.g. Seatbelt alarm in a car

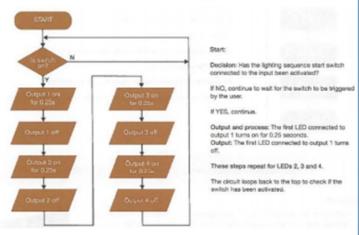


5. Programming 2

Microcontrollers – How a microcontroller would control a bike light.



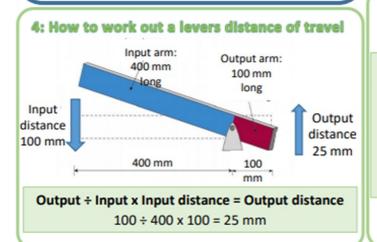
Program for the microcontroller to make LED's flash in sequence



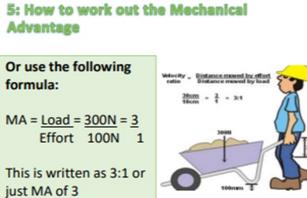
GCSE Design & Technology Mechanical Devises

1: Mechanical Devices - Motion There are four types of motion: **Linear Motion** is movement in one direction along a straight line. **Oscillating Motion** This motion is similar to reciprocating motion, but the constant movement is from side to side along a curved path. Rotary Motion Examples of circular motion 1205205205 include a ball tied to a rope and being swung round in a circle Reciprocating

Motion, this is repetitive up-and-down or back-and-forth linear motion



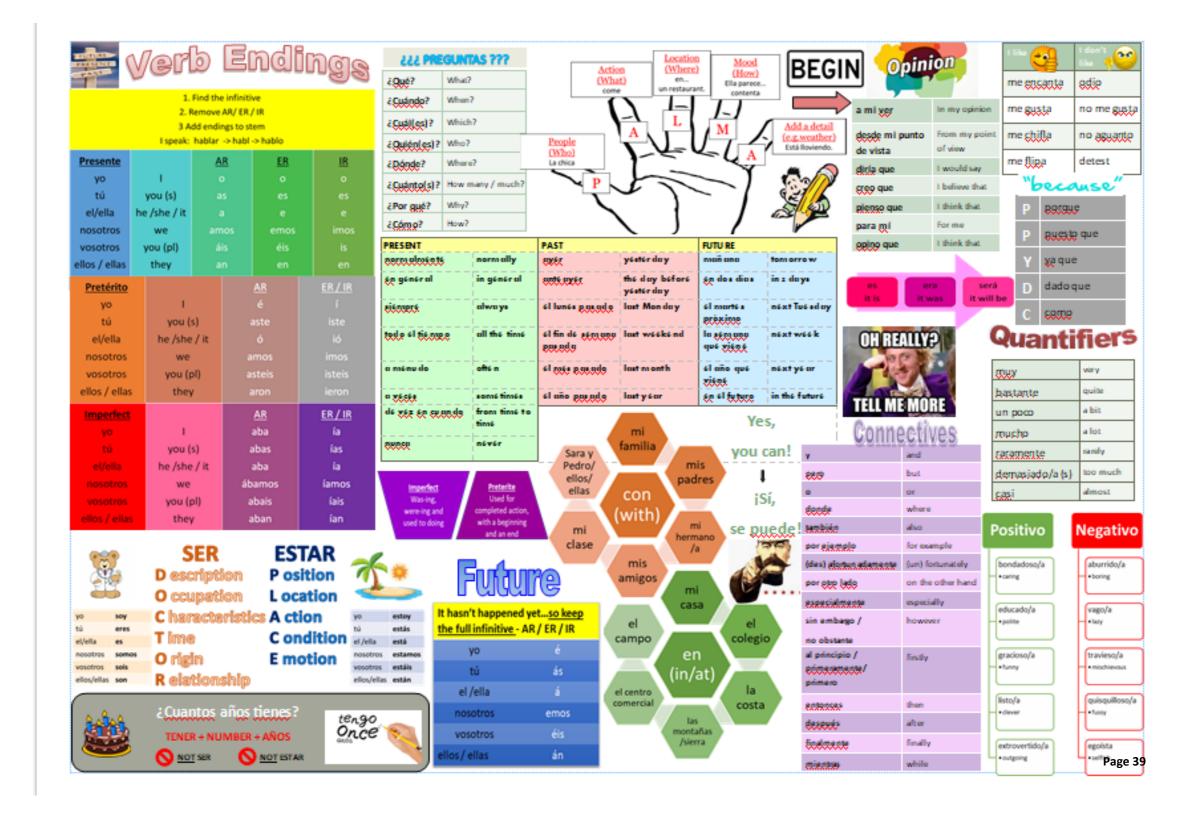
2: Mechanical Devices - Levers There are three classes of levers. Class One A class one lever has its input on one side of the fulcrum and its output on the other. Class Two A class two lever has its input at one end of the lever, its output in the middle and fulcrum at the other end. Class Three A class three lever has its output at one end of the lever, its fulcrum at



the other with its

input in the middle.

3: Mech	anicai Devices – Linkages	
Reverse motion linkage	The reverse motion linkage changes the direction of the input motion so that the output travels in the opposite direction. If the input is pulled the output pushes and vice versa. It uses a central bar held in position with a fixed pivot (fulcrum) that forces the change in direction and two moving pivots which are connected to the input and output bars.	Moving Floor Fload Floor Moving Floor
Parallel motion or push/ pull linkage	The push/pull linkage maintains the direction of the input motion so that the output travels in the same direction. If the input is pulled the output is pulled and so on. It uses three linking bars, four moving pivots and two fixed pivots.	Moving Proce Fixed Proce O Fixed Proce O Marriag Proce
Bell crank linkage	The bell crank linkage changes the direction of the input motion through 90 degrees. It can be used to change horizontal motion into vertical motion or vice versa. It uses a fixed pivot and two moving pivots.	Moving Proce
Crank and slider	The crank and slider linkage changes rotary motion into reciprocating motion or vice versa. It uses a crank which is held with a fixed pivot. A connecting rod uses two moving pivots to push and pull a slider along a set path.	
Treadle linkage	The treadle linkage changes rotary motion into oscillating motion or vice versa. It uses a crank which is held with a fixed pivot. A connecting rod uses two moving pivots and a further fixed pivot to create a windscreen wiper motion.	

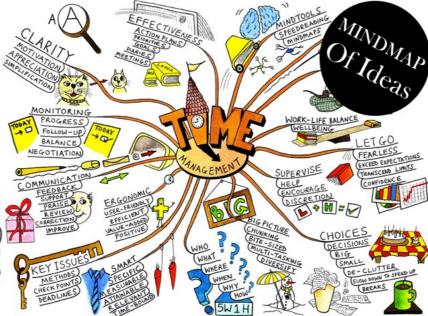


Key Voc	abulary
MIND MAPPING	A graphical way to represent ideas around your theme. Use of keywords and branches to show breadth of initial ideas.
VISUAL MOODBOARD	A collection of imagery and collaged ideas to present a visual understanding of your theme. Keep to a style of scheme of colour.
ARTIST RESEARCH	Show your understanding of contemporary and historical artists and artistic movements by analysing their work. To draw in their style and discuss your intention.

Always remember...

DON'T LIMIT YOURSELF	Even if it doesn't link to your starting point, it may relate to your theme. Add annotations and sketches to show/explain your thought process.
PRIMARY SOURCES	When researching a theme, collect images, photos, samples, magazine cuttings etc. Make sure all images are relevant.
PRESENTATION	Pull your boards together by being consistent. Stick to a particular style and/or colour scheme. Use DAFONT for titles if unsure.

Picture This...





Deeper Learning...

ANALYSING ARTWORK: -

- What is the work about?
- Is the work realistic/abstract?
- Has it been exaggerated?
- Are there recurring features?
 What is the theme of the work?
- What message is communicated?

FORM:

CONTENT:

- What colour does the artist use?
- What shapes does the artist use?
- What mark-making techniques?
- How big is the work why?
 Does the artist have a style?

PROCESS:

- How has the work been made?
- What media/material has the artist used?

MOOD:

- How does the work make you feel?
- Does the colour, texture, form or composition effect your mood?
- Does the work reminisce about a dream in any way?

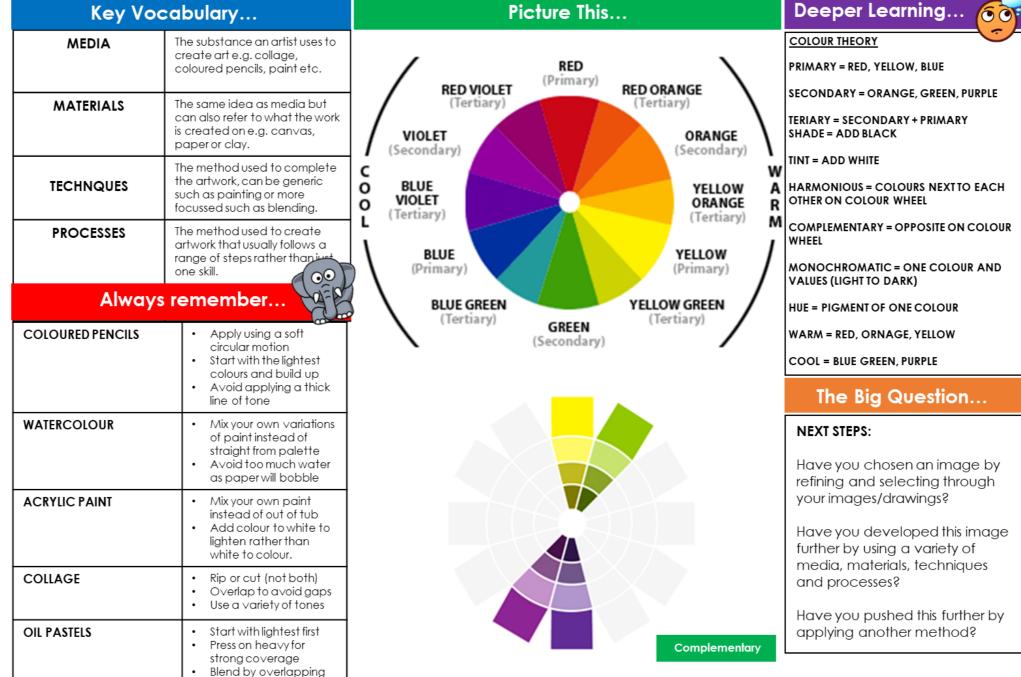
The Big Question...

NEXT STEPS:

- What is your intention?
- How will you use this style?
- What features will you try to replicate?
- How are you going to use this knowledge to further develop your work?
- How are you going to develop your own
- imagery in response to the artist and/or movement?

Activity: Take (10-15) of your own images linked to your theme (primary research) from observation. You will then draw from these images and develop further by exploring different media in the style of your chosen artist and/or movement.

Page 40

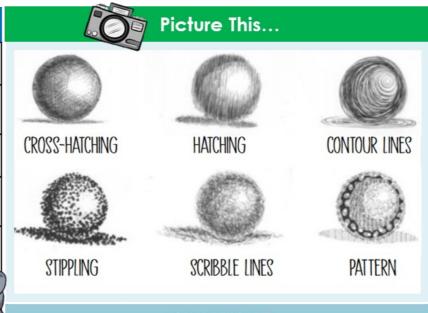


Activity: Take your favourite drawings and photocopy original before altering. Link to artist style and use a variety of techniques and processes to push further. Change scale and material to add depth to your artwork.

Page 41

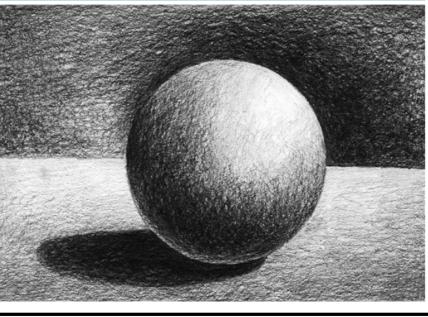
Key Voca	bulary
OBSERVATIONAL DRAWING	Drawing from looking at an image or object.
PRIMARY OBSERVATION	Drawing from an object that is directly in front of you.
SECONDARY OBSERVATION	Drawing from an image.
PHOTOGRAPHS	Using a camera to record images – this is classed as primary observation.
SKETCHES	Basic sketches and doodles can act as a starting point to aid in developing an idea.
Always re	emember
CROSS-HATCHING	Cross-hatching uses fine parallel lines drawn closely together to create the illusion of shade or texture in a drawing.
	I It is the drawina of two I

Cross-hatching uses fine parallel lines drawn closely together to create the illusion of shade or texture in a drawing. It is the drawing of two layers of hatching at rightangles to create a meshlike pattern.
For pencil or pen-and-ink drawing. Hatching is one of the quickest ways to fill in the dark areas. By drawing a lot of fine lines that are parallel, the area as a whole is perceived as being darker.
The art or process of drawing, painting, or engraving using numerous small dots or specks.

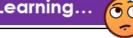


STAGES OF DRAWING

BASIC SHAPES > ACCURATE SHAPES > DETAIL > TONE



Deeper Learning...



ANNOTATION: -

STEP 1: DESCRIBE

- What is this an image of?
- What have you done?
- What was the purpose of the piece?

STEP 2: EXPLAIN

- How was the work made?
- How did you produce the effect?
- How did you decide on composition?

STEP 3: REFLECT

- Why did you use this specific method?
- Why are some areas better than others?
- What might you do differently next time?
- Why might you do it differently? How will your develop in response?

The Big Question...

NEXT STEPS: -

- Produce a range of tones by varying the pressure and layering
- Consider using softer pencils for darker shades
- Apply tone using a soft circular motion to create a smooth coverage. Filling all the white gaps and avoid shading in different directions
- Add detail/interest by applying tone using markmaking techniques
- Mark-making can be produced by making your own tools/paintbrushes

Activity: Try to annotate or evaluate whenever you have an idea or a change in direction. Write about a technique that was successful or if something didn't go as planned. Page 42

Key Voca	bulary
ROUGHIDEA	Basic sketches of a final idea.
	Label to ensure clarity.
VISUAL OR MAQUETTE	An image or model created from selected materials (usually smaller in scale than intended.
FINAL PIECE	An image or sculpture that is the end product of your project/journey.
	Visual representation of pulling all prep work together to showcase your ideas and journey.
Always re	emember
RULE OF THIRDS	The rule of thirds is a

/	
RULE OF THIRDS	The rule of thirds is a guideline which applies to the process of composing visual images.
	The horizon sits at the horizontal line dividing the lower third of the photo from the upper two-thirds.
LEADING LINES	Leading lines refers to a composition technique whereby the viewer's eye is attracted to lines that lead directly to the principle subject in the image.
BALANCED ELEMENTS	When different parts of a photo command your attention equally, perfect balance is achieved.
CROP	Cropping is the removal of unwanted outer areas from a photograph or illustrated image.

Picture This...

COMPOSITIONAL LAYOUTS:





LEADING LINES





BALANCED ELEMENTS

CROP

FORMAL ELEMENTS



Deeper Learning...



COLOUR: Primary colours cannot be mixed by using any other colours but in theory, all other colours are made from them.

Red + Yellow = Orange Blue + Yellow = Green Red + Blue = Purple

Orange, Green and Purple are secondary colours. All other colours (primary + secondary = tertiary).

Colour schemes could be adhered to fit with theme.

SHAPE: An area closed by line. Geometric or basic.

FORM: Form is a 3D shape which can be sculpted using clay, wire or Modroc.

In 2D art, tone and perspective can be used to create an illusion of 3-dimensions using light and dark to create shadows.

TEXTURE: Surface quality. The way it feels physically or the way it is made to feel.

TONE: Light to dark to create depth. This could be a shade or how dark or light a colour appears. Tones are created by the way the light falls onto a 3D object.

PATTERN: Created by repeating lines, shapes, tones or colour. The design used to create a pattern is often referred to as a motif. Motifs can be simple shapes or complex arrangements.

Patterns can be man-made, like a fabric or wallpaper design, or natural, such as the markings on animal fur.

LINE: Line can be used to portray different qualities such as: contours, feelings or expressions and movements.

Activity: Create a draft copy of your final design ideas. Make sure to label and photocopy sections if using a combination of a number of pieces.

SCIENCE OF COOKING FOOD

Raising Agents

- Whisking: whisking eggs to trap air and creating a foam, used for meringues and soufflés
- Sieving: Sieving will trap air, used for cakes and bread
- Rubbing in: Rubbing fat in to flour with add some air, used for cakes and biscuits
- Creaming: Mixing fat and sugar together traps air, used for cakes
- Laminating: Layers of fat in pastry will trap air when cooked, used for puff and flaky pastry

WHY DO WE COOK FOOD?

- To kill bacteria
- To make it easier to eat and digestible
- To improve the sensory attributes
- Adds variety
- To enable ingredients to perform their function

Acids & alkalis

- Acids: can soften connective tissue such as lemon juice or vinegar in a marinade. Can also be used to preserve foods by pickling.
- Alkalis: Bicarbonate of soda is used as a raising agent. Mixed with cream of tartar creates 'Baking

Radiation



The transfer of heat by electromagnetic radiation. Example: Grilling or BBQ

Conduction



The transfer of heat by direct contact. Example: Frying

Convection



The transfer of heat via mass movement of particles. Example: Boiling, Poaching

Effect of heat on foods

Protein: proteins denature (unravel) and coagulate. effect occurs which turns meat products brown



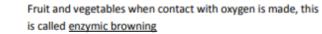
- Fat: Fat melts and becomes soft, this is called plasticity. Fats can also
- Carbohydrate—starch: When starch and liquid are heated gelatinisation occurs which makes the starch swell, used to thicken sauces. When direct heat is applied to starch **Dextrinization** occurs turning the food brown and
- which turns the sugar brown and in some cases will go crisp

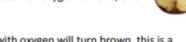
When protein and carbohydrate are heated the maillard



- brown adding flavour and colour.
- Carbohydrate- sugar: When heat is applied to sugar caramelisation occurs

Oxygen and Food





- Meat that comes in to contact with oxygen will turn brown, this is a discolouration of the myoglobin
- Fats and oils that come in to contact with oxygen will go rancid where it develops an unpleasant odour and flavour.

Dry Cooking Methods	
Roasting	Cooked in the dry heat of the oven and basted with hot fat
Baking	Cooked in the dry heat of the oven
Grilling	Cooked by the radiant heat of a hot grill
Frying Methods	
Stir Fry	Cooked quickly over intense heat in a wok with little oil
Shallow Frying	Cooked in a shallow pan with hot fat
Deep Frying	Cooked submerged in very hot oil
Moist cooking Methods	
Boiling	Cooked quickly in boiling water
Poaching	Cooked in gentle simmering water
Stewing	Cooked gentle and slow in liquid

EMULSION: a stable mixture of liquids that will not freely combine that has an agent such as egg yolk added to create an emulsion. Example Mayonnaise

	What is development?	Va	ariations in the lev	el of develo	pment		, vin
Development is a	an improvement in living standa better use of resources.	rds through LICs	per capita i		e world. GNI ost citizens living.	dvanced countries merging weekpping cuntries convincome eveloping cuntries	
Economic	This is progress in economic growt levels of industrialisation and use of	_		tries are get	-	The Control of the Co	S. Can
Social	This is an improvement in people's living. For example, clean water an		from the prosperior secondary	nomy is pro imary indus ndustry. Gr ds to better	etry to the		
Environmental	This involves advances in the mana protection of the environment.	agement and HICs		tries are we r capita and	althy with a I standards	3000 km	
	Measuring development		_	ese countrie		4:	A.
These are used to co development.	ompare and understand a country's l	level of \$_			even develop	oment	
	Economic indictors examples		pment is globally			. ,	
Employment type	The proportion of the popular in primary, secondary, tertian	tion working	Oceania. Most NEE Africa. Remembe			•	
	quaternary industries.		Geograp	-		-	
Gross Domestic	This is the total value of good	C)	ganiser –	The C	Changin	a Econo	mic
Product per capita	produced in a country per per	rson, per year.	9		•	9	
Gross National Income per capita	An average of gross national i person, per year in US dollars	income per		W	orld		
Gross National	An average of gross national i	income per		W I factors affe	orld		4
Gross National	An average of gross national i person, per year in US dollars	income per	Physica Natural Resou Fuel sources such Minerals and meta	factors afforces as oil. Is for fuel.	ecting uneven o	development	rds zards.
Gross National Income per capita	An average of gross national in person, per year in US dollars Social indicators examples The number of children who of	die before orn.	Physica Natural Resou Fuel sources such	factors afforces as oil. ls for fuel. ber.	ecting uneven of Richard Richa	Natural Hazar isk of tectonic hazenefits from volca	rds zards. anic materia
Gross National Income per capita Infant mortality	An average of gross national is person, per year in US dollars. Social indicators examples The number of children who or reaching 1 per 1000 babies become a contract of 15 who can read and write. The average lifespan of some	die before orn.	Physica Natural Resou Fuel sources such Minerals and meta Availability for tim	factors afforces as oil. ls for fuel. ber.	ecting uneven of Richard Richa	Natural Hazar isk of tectonic hazenefits from volcand floodwater. requent hazards u	rds zards. anic materia undermines
Gross National Income per capita Infant mortality Literacy rate	An average of gross national is person, per year in US dollars. Social indicators examples The number of children who described in the person of the perso	die before orn. o over the age one born in	Physica Natural Resour Fuel sources such Minerals and meta Availability for tim Access to safe wat Climate Reliability of rainfa farming.	factors afforces as oil. Is for fuel. ber. er.	ecting uneven of Richard Richa	Natural Hazar isk of tectonic hazenefits from volce and floodwater. requent hazards undevelopment. Location/Terra andlocked countriade difficulties.	zards. anic materia undermines ain
Gross National Income per capita Infant mortality Literacy rate	An average of gross national in person, per year in US dollars Social indicators examples The number of children who or reaching 1 per 1000 babies become a contract of the percentage of population of 15 who can read and write. The average lifespan of some of that country. Mixed indicators	die before orn. over the age one born in	Physica Natural Resour Fuel sources such Minerals and meta Availability for tim Access to safe wat Climate Reliability of rainfa	factors afforces as oil. Is for fuel. ber. er.	ecting uneven of Richard Richa	Natural Hazar isk of tectonic hazenefits from volce and floodwater. requent hazards usedevelopment. Location/Terra	zards. anic materia undermines ain ries may find
Gross National Income per capita Infant mortality Literacy rate Life expectancy	An average of gross national in person, per year in US dollars Social indicators examples The number of children who or reaching 1 per 1000 babies become a comparison of 15 who can read and write. The average lifespan of some that country. Mixed indicators nt A number that uses life expecting the person of the country.	die before orn. over the age one born in	Physica Natural Resour Fuel sources such Minerals and meta Availability for tim Access to safe wat Climate Reliability of rainfa farming. Extreme climates and affects health. Climate can attract	factors afforces as oil. Is for fuel. ber. er.	ecting uneven of Richard Richa	Natural Hazar isk of tectonic hazenefits from volce and floodwater. requent hazards usedevelopment. Location/Terre andlocked countriade difficulties. lountainous terra	zards. anic materia undermines ain ries may find
Gross National Income per capita Infant mortality Literacy rate Life expectancy Human Developme	An average of gross national in person, per year in US dollars Social indicators examples The number of children who or reaching 1 per 1000 babies between the percentage of population of 15 who can read and write. The average lifespan of some that country. Mixed indicators A number that uses life expected ducation level and income person.	die before orn. o over the age one born in tancy, er person.	Physica Natural Resour Fuel sources such Minerals and meta Availability for tim Access to safe wat Climate Reliability of rainfa farming. Extreme climates and affects health. Climate can attract ansilion Model	factors afforces as oil. Is for fuel. ber. er.	ecting uneven of Richard Richa	Natural Hazar isk of tectonic hazenefits from volce and floodwater. requent hazards usedevelopment. Location/Terre andlocked countriade difficulties. lountainous terra	zards. anic materia undermines ain ries may find
Gross National Income per capita Infant mortality Literacy rate Life expectancy Human Developme Index (HDI)	An average of gross national in person, per year in US dollars. Social indicators examples The number of children who or reaching 1 per 1000 babies between the percentage of population of 15 who can read and write. The average lifespan of somewhat country. Mixed indicators A number that uses life expected ducation level and income put the percentage of growth in the percentage of growth	die before orn. o over the age one born in tancy, er person.	Physica Natural Resour Fuel sources such Minerals and meta Availability for tim Access to safe wat Climate Reliability of rainfa farming. Extreme climates and affects health. Climate can attract unsilion Model STAGE 1 STAGE 1 STAGE 1 STAGE 1	factors afforces as oil. Is for fuel. ber. er. ull to benefit imit industr	ecting uneven of Richard Richa	Natural Hazar isk of tectonic hazenefits from volce and floodwater. requent hazards usedevelopment. Location/Terrandlocked countrade difficulties. Iountainous terranding difficult. cenery attracts to	zards. anic materia undermines ain ries may find ain makes purists.

e.g. Tribes

e.g. Kenya

of a country.

Human factors affecting uneven development

Aid

- Aid can help some countries develop **key projects** for infrastructure faster.
- Aid can improve services such as schools, hospitals and roads.
- Too much reliance on aid might stop other trade links becoming established.

Trade

- Countries that export more than they import have a trade surplus.
 This can improve the national economy.
- Having good trade relationships.
- Trading goods and services is more profitable than raw materials.

Education

- Education creates a skilled workforce meaning more goods and services are produced.
- Educated people earn more money, meaning they also pay more taxes. This money can help develop the country in the future.

Health

- Lack of clean water and poor healthcare means a large number of people suffer from diseases.
- People who are ill cannot work so there is little contribution to the economy.
- More money on healthcare means less spent on development.

Politics

- Corruption in local and national governments.
- The stability of the government can effect the country's ability to trade.
- Ability of the country to invest into services and infrastructure.

History

- Colonialism has helped Europe develop, but slowed down development in many other countries.
- Countries that went through industrialisation a while ago, have now develop further.

Consequences of Uneven Development

Levels of development are different in different countries. This uneven development has consequences for countries, especially in wealth, health and migration.

					_	
н	.,	_	_	lt	1_	
v	v	e	а	ıτ	п	
•	•	_	_	••	••	

People in more developed countries have higher incomes than less developed countries.

Health

Better healthcare means that people in more developed countries live longer than those in less developed countries.

Migration

e.g. Japan

e.g. UK

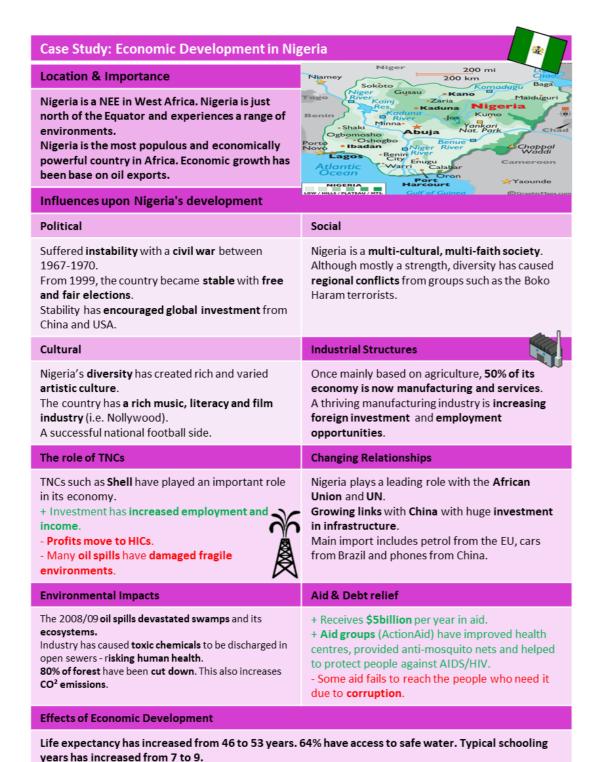
e.g. India

If nearby countries have higher levels of development or are secure, people will move to seek better opportunities and standard of page 45



Activities

- 1. To what extent is the HDI the most effective measure of development?
- 2. Use a range of development indicators to explain the difference between standard of living and quality of life.
- 3. Evaluate how far economic development can be linked to the DTM.
- 4. Compare the population structure of an LIC Or NEE with one of a HIC.
- 5. Explain the link between trade and the development gap.
- 6. How does uneven development lead to disparities of global wealth
- 7. How does uneven development cause international migration?
- 8. Hoe can industrial development reduce the development gap?
- 9. Explain why the use of aid must be sustainable if it is to be effective in raising a poor country's level of development. 10. How can debt relief help to improve the status of woman?



"Evaluate to what extent, economic development has improved the quality of people's lives in Nigeria" "Suggest how the UK benefits economically and politically from its membership from the commonwealth"

Case Study: Economic Change in the UK UK in the Wider World The UK has one of the largest economies in the world. The UK has huge political, economic and cultural influences.

The UK is highly regarded for its fairness and tolerance.

The UK has global transport links i.e. Heathrow and the Eurostar.

Atlantic Ocean Northern Ireland Londonderry Belfast B

Causes of Economic Change

De-industrialisation and the **decline** of the UK's industrial base.

Globalisation has meant many industries have moved overseas, where labour costs are lower. **Government investing** in supporting vital businesses.

Towards Post-Industrial

The quaternary industry has increased, whilst secondary has decreased.

Numbers in **primary** and **tertiary industry** has **stayed** the **steady**.

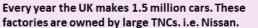
Big increase in professional and technical jobs.

Developments of Science Parks

Science Parks are groups of scientific and technical knowledge based businesses on a single site.

- Access to transport routes.
- Highly educated workers.
- Staff benefit from attractive working conditions.
- Attracts clusters of related high-tech businesses.

CS: UK Car Industry



- 7% of energy used there factories is from wind energy.
- New cars are more energy efficient and lighter.
- Nissan produces **electric and hybrid cars**.

Change to a Rural Landscape

Rising house prices have caused tensions in

Villages are **unpopulated** during the day causing **loss of identity**.

Resentment towards poor migrant communities.

Social

Economic

Lack of affordable housing for local first time buyers.

Sales of farmland has increased rural unemployment.

Influx of poor migrants puts **pressures** on local services.

Improvements to Transport

A £15 billion 'Road Improvement Strategy'. This will involve 10 new roads and 1,600 extra lanes. £50 billion HS2 railway to improve connections between key UK cities.

£18 billion on Heathrow's controversial third runway.

UK has many **large ports** for importing and exporting goods.

UK North/South Divide

- Wages are lower in the North.
- Health is **better** in the South.
- Education is **worse** in the North.
- + The government is aiming to support a **Northern Powerhouse** project to resolve regional differences.
- + More **devolving of powers** to disadvantaged regions. **Page 48**

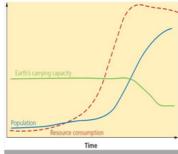
Resource Challenges Resources are things that humans require for life or to make our lives easier. Humans are becoming increasingly dependent on exploiting these resources, and as a result they are in high demand. Significance of Water Resources such as food, energy and water are what is needed for basic human development. WATER FOOD ENERGY Without enough A good supply of People need a supply energy is needed for nutritious food. of clean and safe people can become a basic standard of water for drinking, malnourished. This living. People need cooking and washing. can make them ill. light and heat for Water is also needed This can prevent cooking or to stay for food, clothes and people working or warm. It is also other products. needed for industry. receiving education.

Demand outstripping supply

The demand for resources like food, water and energy is rising so quickly that supply cannot always keep up. Importantly, access to these resources vary dramatically in different locations

1. Population Growth

- Currently the global population is 7.3 billion.
- Global population has risen exponentially this century.
- Global population is expected to reach 9 billion by 2050. With more people, the
- demand for food, water, energy, jobs and space will increase.



water is required for food production as diets improve. Resource Reliance Graph

2. Economic Development

further, they require more

LICs and NEEs want similar

lifestyles to HICs, therefore

they will need to consume

Development means more

As LICs and NEEs develop

energy for industry.

more resources.

Consumption – The act of using up resources or purchasing goods and produce.

Carry Capacity – A maximum number of species that can be

Resource consumption exceeds Earth's ability to provide!

3. Changing Technology and Employment

- · The demand for resources has driven the need for new technology to reach or gain more resources.
- More people in the secondary and tertiary industry has increased the demand for resources required for electronics and robotics.

Food in the UK

Growing Demand

- The UK imports about 40% of its food. This increases people's carbon footprint.
- There is growing demand for greater choice of exotic foods needed all year round.
- Foods from abroad are more affordable.
- Many food types are unsuitable to be grown in the UK.

Farming is being treated like a

large industrial business. This is

+ Intensive faming maximises the

+ Using machinery which increases

Only employs a small number of

increasing food production.

amount of food produced.

the farms efficiency.

workers.

Agribusiness

Foods can travel long distances (food miles). Importing food adds to our carbon footprint.

Impact of Demand

- + Supports workers with an income + Supports families in LICs.
- + Taxes from farmers' incomes contribute to local services. - Less land for locals to grow their
- Farmers exposed to chemicals.

Sustainable Foods

Organic foods that have little impact on the environment and are healthier have been rising. Local food sourcing is also rising in popularity.

- Reduces emissions by only eating food from the UK.
- Buying locally sourced food supports local shops and farms.
- Chemicals used on farms damages A third of people grow their the habitats and wildlife. own food.

The Challenge of

Resource Management

Energy in the UK

Growing Demand

The average water used per household has risen by 70%. This growing demand is predicted to increase by 5% by 2020. This is due to:

· A growing UK population.

- Water-intensive appliances.
- · Showers and baths taken.
- Industrial and leisure use.
- Watering greenhouses.

Pollution and Quality Water stress in the UK

Water in the UK

Cause and effects include:

- Chemical run-off from farmland can destroy habitats and kills animals.
- Oil from boats and ships poisons wildlife.
- Untreated waste from industries creates unsafe
- drinking water. Sewage containing bacteria

spreads infectious diseases. Management

UK has strict laws that limits the amount of discharge from factories and farms.

Education campaigns to inform what can be disposed of safety. Waste water treatment plants remove dangerous elements to then be used for safe drinking. Pollution traps catch and filter

Water Transfer

Deficit and Surplus

The north and west have a water

The south and east have a water

deficit (more water needed than is

experiencing water stress (where

surplus (more water than is

More than half of England is

demand exceeds supply).

required).

actually available).

Water transfer involves moving water through pipes from areas of surplus (Wales) to areas of deficit (London).

Opposition includes:

- · Effects on land and wildlife.
- High maintenance costs.
- The amount of energy required to move water over long distances.

pollutants. **Growing Demand Energy Mix** The majority of UK's energy mix comes The UK consumes less from fossil fuels. By 2020, the UK aims for

energy than compared to the 1970s despite a smaller population. This is due to the decline of industry.

Changes in Energy Mix

- 75% of the UK's oil and gas has been used up. Coal consumption has
- declined. UK has become too dependent on imported energy.

contribute to climate change. 2009

15% of its energy to come from renewable

sources. These renewable sources do not



Energy in the UK (continued)

Significance of Renewables

- + The UK government is investing more into low carbon alternatives.
- + UK government aims to meet targets for reducing emissions.
- + Renewable sources include wind, solar and tidal energy. Although infinite, renewables are still expensive to install.
- Shale gas deposits may be exploited in the near future

Exploitation

New plants provide job opportunities.

- Problems with safety and possible harm to wildlife. Nuclear plants are expensive.
- Locals have low energy bills. Reduces carbon footprint. Construction cost is high. Visual impacts on landscape Noise from wind turbingage 49

	Key \	Vocabulary		Tim	eline	Impor	tant People
	Catholic	A Christian who follows the teaches of the Pope as leader of the Church.	Act of Supremacy	1534	A law passed by Henry VIII making himself Head of the Church of England.	Henry VIII	King between 1509 and 1547. He started the English
	Protestant	A Christian who does not follow the teaches of the Pope as Church leader.	Pilgrimage of Grace	1536	Catholics in Yorkshire and Lincolnshire rebel against Henry's religious changes.		Reformation, by breaking from the Catholic Church.
	Economics	The study of the production of wealth and the exchange of goods of services.	Accession of Charles I	1625	Charles I becomes King of England and Scotland.	Oliver Cromwell	MP and landowner. He led the New Model Army in the
e 2	Reformation	A period in which large populations in Europe split from the Catholic Church.	Charles I dissolves Parliament	1629	Charles I begins to rule England without the advice or consent of Parliament.		English Civil War and then ruled England for 9
e People	Divine Right of Kings	A common belief in the middle ages, the idea that the King alone has the right to rule and was chosen by God.	Introduction of Laudian Prayer Book in Scotland	1637	Charles I forces Scotland to accept a new prayer book which causes a the Covenanters	Charles I	Beheaded by Parliament in 1649
and the	Puritan	An extreme Protestant who believes that people should live a humble, simple life of Christian worship.	Start of English Civil War	1642	Rebellion. Charles and Parliament start fighting a war for control of		after trying to rule England without them.
Power	Royal Authority	The unquestioned power of the King or Queen as ruler of the country.	Evention of	16.40	England.	George Washington	Leader of the American
	Civil War	A war between different groups of	Execution of Charles I	1649	After a trial, Charles is found guilty of treason and beheaded.		Continental Army and first President
ropic:	CIVII War.	people within the same country.	Declaration of Independence	1776	The Thirteen Colonies declare independence from Britain.		of the United States.

What changed over the period?

Henry VIII ruled as an 'absolute monarch', meaning he personally controlled the country and did not have to listen to anyone else. He called Parliament as and when he needed to raise taxes. 100 years later Charles I tried to rule the same way and been beheaded for it. By 1689, Parliament had started to become more powerful than the monarch. Ideas such as democracy and representation had fueled this change.

Always Remember...

- The entire country was Catholic before Henry VIII's Reformation of the English Church.
- Protestantism spread the idea of challenging the established authority, including the authority of the King.
- After the execution of Charles I, this ideas never went away and eventually led to the American Declaration of Independence.

Deeper Learning...

State three differences between Catholicism and Protestantism.

Describe the main events and people involved in the Pilgrimage of Grace.

Explain the causes of the English Civil War. Analyse the significance of the trial of King Charles I in the short and long-term.

Project: Create a fact-file on the American Constitution and the Declaration of Independence.

Activity - 'The main cause of the English Civil War was the English Reformation.' How far do you agree with this statement?

Industrial Revolution	A radical orator who spoke about reforming the voting system at Peterloo. Prime Minister of the United Kingdom who repealed the Corn
Economics The study of the production of wealth and the exchange of goods of services. Protest To gather together to publicly demonstrate disagreement with the rules. Parliament A group of people who represent the people of a nation in making A group of people who represent the people of a nation in making Napoleonic Wars The First Great Reform Act Separate Reform Act Separate Reform Act France. Niddle-class wealthy people were given the right to vote. Formation of the Chartist Movement. Factory Act Separate Reform Act France. Robert Peel	voting system at Peterloo. Prime Minister of the United Kingdom who
Protest To gather together to publicly demonstrate disagreement with the rules. Parliament A group of people who represent the people of a nation in making Parliament Reform Act Reform Act Formation of the Chartist Movement. Reform Act Formation of the Chartist Movement. Factory Act 1833 A loose organisation of campaign groups wanting voting reform. A low restricting working hours and conditions in factories. Parliament Robert Peel Robert Peel Robert Peel Robert Peel Robert Peel Robert Peel	the United Kingdom who
Protest To gather together to publicly demonstrate disagreement with the rules. Parliament A group of people who represent the people of a nation in making Pormation of the Chartist Movement. Formation of the Chartist Movement. 1833 A loose organisation of campaign groups wanting voting reform. 1833 A loose organisation of campaign groups wanting voting reform. 1833 A loose organisation of campaign groups wanting voting reform. 1833 A law restricting working hours and conditions in factories.	Kingdom who
rules. Parliament A group of people who represent the people of a nation in making Parliament A group of people who represent the people of a nation in making Page 1 aw 1833 A law restricting working hours and conditions in factories.	
the people of a nation in making Poor Law 1834 A law which meant that	Law and invented the police force.
decisions on how to run the country. Amendment Act Total Law India William W	A prominent abolitionist
Abolitionism The campaign against slavery in the British Empire. The Tolpuddle Martyrs The Tolpuddle to transportation for trying to	campaigner against slavery.
Trade Union A group of worker who gather together to pegotiate for better Lord	A reformer
pay and working conditions. Repeal of the Corn 1846 Removal of a law which taxed Shaffesbury	responsible for great changes in
Chartists A protest group who wanted to change the rules on who could vote and how elections were run. Chartists A protest group who wanted to change the rules on who could vote and how elections were run. Chartists A protest group who wanted to chartist Third Chartist Petition 1848 A large petition of signatures given to parliament by Chartists.	working conditions in the 19 th century.

What changed over the period?

At the beginning of the 19th century slavery was legal throughout the British Empire and the Industrial Revolution was really just getting going; most people still lived in the countryside and farmed the land. By 1900, slavery was illegal, most men in Britain could vote (but not women) and there were many laws protecting the rights of workers. Most people now lived in huge cities and worked in factories powered by electricity.

Always Remember...

The 8 Key Factors in Power and the People:

- War
- Religion
- Chance
- Government
- Communication
- The Economy
- Ideas like democracy, equality and representation
- · The role of the individual

Deeper Learning...

State the names of three protest groups in the 19th century and the years they were active. Describe the methods of the campaign to abolish slavery.

Explain the causes of the Matchgirls' and Dockers' Strikes in the 1880s and 1890s.

Analyse the aims of the Chartist movement.
Which would help the working classes the most?

Project: Research the conditions in factories and mines during the 19th century - were people right to demand better conditions?

Activity - Was communication the main factor in causing protest in 19th century. Explain your answer using a range of examples from across the 19th Page 51

	Key \	Key Vocabulary		Tim	eline	Important People		
	Industrial Revolution	A period of change brought about by new technologies allowing factories to mass-produce.	Formation of the NUWSS	1897	The main women's suffrage groups gathered into one.	Millio		A campaigner for women's suffrage who formed the Suffragist movement in 1897. (NUWSS)
	Suffrage	The right to vote.	Formation of the WSPU	1903	The Suffragette group was set up to take aggressive protest action.			
	Economics	The study of the production of wealth and the exchange of goods	The end of WWI	1918	Millions returned home and the demand for many resources fell.		neline Shurst	A campaigner for women's suffrage
	Protest	of services. To gather together to publicly	Women gain the right to vote	1918	Some women over 30 gained the right to vote.	rankharsi	who formed the Suffragette movement in 1903. (WSPU)	
<u>ן</u>		demonstrate disagreement with the rules.	The General Strike	1926	The miners, dockers and railway workers went on strike.			
יב ו בחל	Parliament	A group of people who represent the people of a nation in making decisions on how to run the country.	Women gain voting equality with men	1928	Women gained the same right to vote as men for the first time.	Stanley Baldwin		Conservative Prime Minister
	Strike	Workers refuse to work in order to put pressure on business owners and the government.	The 'Windrush' begins	1948	Lots of working-age people began to move to Britain from the rest of the Empire.			during the General Strike in 1926.
OWE	Trade Union	A group of worker who gather together to negotiate for better pay and working conditions.	Rivers of Blood Speech	1968	Enoch Powell MP makes a famous speech condemning immigration.	Enoch Powell	A Conservative MP who spoke out against the	
200	Immigrants	People who move into the country from another, many immigrants came from the British Empire.	The Miners' Strike	1984	Coal-miners across the country go on strike against mines closures.			immigration of more non-white people to the UK.
-								

What changed over the period?

By the beginning of the 20th century, Britain was an advanced industrial nation and social changes such as women's suffrage were dividing society. The trade unions were at the height of their power as workers campaigned for better pay and conditions. During the 20th century the power of the trade unions would diminish drastically and Britain would be divided further when the government invited lots of people from the Empire to immigrate here in the mid-part of the century.

Always Remember...

The 8 Key Factors in Power and the People:

- War
- Religion
- Chance
- Government
- Communication
- The Economy
- · Ideas like democracy, equality and representation
- The role of the individual

Deeper Learning...

State the main trade union laws created by the government after the strikes in the 1920s and 1980s.

Describe the methods of the suffragist movement led by Millicent Fawcett. Explain the consequences of end of WWI for British social and industrial changes.

Was the economy was the main factor in causing social change in the 20th century?

Project: Create a fact-file on the 'windrush' generation and its impact on Britain.

Activity - Was the role of the individual was the main factor in causing of protest in the 20th century? Use examples from across the 20th century.

	Key Vocabulary
Tawhid	Oneness & supremacy of Allah
Risalah	Belief in prophet hood
Akhirah	Belief in life after death
Day of Judgement	Belief that people will be judged on how they have lived their life as a good Muslim.
Sunnah	Following the teachings & actions of Muhammad
Night of Power	The first night of the revelation of the Quran
Night Journey	The night Muhammad went on a miraculous journey to heaven (Jannah) to talk to the prophets
Hijrah	The journey Muhammad made from Mecca to Medina to escape persecution
Ummah	The Muslim community
Six articles of faith	Sunni Muslim key beliefs: Supremacy of Allah, Tawhid, Day of Judgement, authority of the Quran, authority of prophets and angels
Five roots of usul ad-Din	Shi'a Muslims beliefs: Resurrection, imamate, prophets, Tawhid and Judgement Day

Angels

Muslims have many beliefs about angels. Firstly, Muslims believe angels are spiritual beings of light and have no free will so follow Allah's will and give messages from Allah to humans. Jibril, (Gabriel) for example, is a special angel (archangel) who gave the words of the Quran to Prophet Muhamad as this is what God wanted. Secondly, Muslims believe that angels are involved in the lives of humans from conception to death. Some angels are guardian angels who take care of each person through their lives. Other angels are responsible for writing down in the Book of Deeds everything a person does. This book will be used on the Day of Judgement to decide if a person goes to Paradise of Hell. The sacred writing about angels in the Quran is: "Each person has angels before him and behind, watching over him by God's command." (Qur'an). This sacred writing shows that Muslims believe angels have an important role in the lives of humans and connecting humans to Allah and the belief in angels is one of the Six Articles of Faith.

Muhammad

Muhammad received the first revelation of the Quran from angel Jibril on the Night of Power

Muhammad in Mecca: Three years after the first revelation Muhammad began preaching the words he had received from Angel Jibril: there is only one God and complete surrender to God is the only way to live life. He challenged the people of Mecca to give up cheating, drinking alcohol, gambling and idol worship. This was not the message the leaders of Mecca wanted to hear so he was persecuted. He left Mecca to avoid persecution in 622CE and went to the city of Medina. This is known as the Hijrah (departure) and is the beginning of the Ummah (worldwide Muslim community).

The Night Journey

Before the Hijrah Muhammad had a miraculous experience. Angel Jibril took Muhammad on a journey to Jerusalem. This event is known as the Night Journey. Muhammad was carried on a horse-like creature with wings to Jerusalem and then he ascended to heaven and spoke to other prophets like Jesus. He was told that Muslims should pray 5 times every day. When he returned he circled the Ka'aba 7 times.

It is important for Muslims to follow the example of Muhammad because firstly, Muhammad is a role model and is an example of a perfect human being. He is a living example of Allah's message.

Secondly, Muhammad is the last prophet who Allah gave his final message/Qur'an to – the seal of the prophets. Muhammad's teachings and actions called Sunnah, influences how a person lives their life. The Sunnah teaches Muslims how to carry out Allah's will in their daily lives, for example, how to pray five times every day. The sacred writing which shows Muhammad's importance is: "He (Muhammad) is God's messenger and the seal of the prophets." This shows that Muhammad is the last prophet, no other prophet is to follow and that Muhammad is seen a the perfect prophet. He is the most important prophet of them all and seal of the prophet means he is the superior prophet.

Always Remember...



Muslims believe in the Tawhid: the oneness & supremacy of Allah. All the prophets taught people to believe in the Tawhid. The Quran says: "He is God, the one, God the eternal ...No-one is comparable to Him."

Tawhid

Sacred writings



Deeper Learning...

Create a connection map to show the links between Muslim beliefs and Muslim practices: show how the beliefs in the six articles of faith (Sunni) and the five roots of Usul ad-Din (Shi'a) link to the Five Pillars of Islam, the celebration of festivals and the Ten Obligatory Acts.

Activity – Plan your evaluation answer to 12 mark questions.

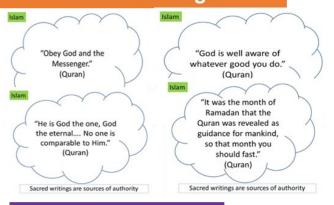
1. "The Quran contains all the guidance that Muslims need to live a perfect Muslim life." 2. "For Muslims, the prophets make better role models than the angels." 3. Predestination means Muslims have no free will." (12)

K	ey Vocabulary	Picture	e This
Shahadah	Declaration of faith in Islam	Rak'ahs	and recitations when praying.
Salah	Five daily prayers	ing lay	Muslims face the city of Mecca pray.
Rak'ah	A set pattern of prayer movements and recitations when praying.	POTAGE MONTAGE WUDU	Washing before prayers to show
Jummah	Special Friday prayers. Men are expected to attend the mosque.		respect to Allah.
Sawm	Fasting during the month of Ramadan. Ramadan is the month when angel Jibril started to recite the Quran to Muhammad.	Ka'aba	Ibrahim re-built it as the first Ka'aba, built by prophet Adam, was destroyed. On the Hajj Musl
Laylat-al- Qadr	The Night of Power when Muhammad received the Quran.	AND STORY	circle it 7 times to remember the Prophet Muhammad did when I returned from the Night Journey.
Zakah	Muslims give 2.5% of their savings to charity every year. This is almsgiving.	Ihram	On the Hajj pilgrims enter a state of Ihram by washing,
Најј	A spiritual journey to Mecca. Muslims make this pilgrimage once in their lives.		praying and wearing a white sheet.
	The holy shrine of Islam, the Ka'aba, is in Mecca.	Circle	Muslims circle the Ka'abato show Allah is at the centre of
Jihad	The struggle against evil and to live a life to submit to God to please Allah.	Ka'aba	their lives.
ld-ul-Fitr	A festival which celebrates the end of Ramadan.	Standing at Arafat	Muslims spend al day praying
ld-ul Adha	A festival which celebrates Prophet Ibrahim's obedience to God as he was willing to sacrifice his son, and this festival marks the end of Haji.		the hot sun to remind them what Judgement Day might like and asking for forgivenes
Ashura	A festival which is important to Shi'a Muslims as they remember the death of Husayn in the battle of Karbala.	Throwing pebbles at Mina	At Mina they throw stones at three stone walls to remembe lbrahim and how he rejected sin, temptation and evil.
The	Five Pillars of Islam		
perform to s	ars of Islam are five duties Muslims submit to the will of Allah, to be ns and to live a perfect Muslim life.	Sacrifice an animal	As part of the festival of Id-ul- Adha Muslims sacrifice an animal and the meat is giver to family and the poor.

Always Remember...

Allah is at the centre of a Muslim's life which is reflected in the way they live their lives and the practices they perform. The Five Pillars of Islam, for example, celebrating Id-ul Fitr & Id-Ul-Adha and the greater jihad to be a good Muslimshows their belief in the Tawhid.

Sacred writings



Deeper Learning...

Create a connection map to show the links between Muslim beliefs and Muslim practices: show how the beliefs in the six articles of faith (Sunni) and the five roots of Usul ad-Din (Shi'a) link to the Five Pillars of Islam, the celebration of festivals and the Ten Obligatory Acts.

Activity – Plan your evaluation answer to 12 mark questions.

1. "The Shahadah is the most important pillar of Islam." 2. "Id-ul-Fitr & Id-ul-Adha should be public holidays in Britain." 3. "The lesser jihad is more important than the greater jihad."

Year 11 HT 1 - Area of Study 4 Knowledge Organiser

Key Terminology

- · Gradual Transformation: When a melody or rhythmic pattern gradually change shape.
- Metamorphosis: A short motif is changed gradually; one note at a time is changed so that the music completely changes over a period of time.
- Additive Melody: A short motif is gradually changed by adding a note at a time or changing a note for a rest
- Subtractive Melody: A short motif is gradually changed by taking away/subtracting a note at a time or changing a note for a rest
- Phase Shifting: Two or more parts begin with the same motif, these gradually move out of and then back into phase.
- Polyphonic Texture: This literally means 'different sounds or voices'. Polyphonic music has parts that weave in and out of each other. Polyphonic music is also sometimes called contrapuntal music.
- Diatonic Harmony: Diatonic harmony is a fancy way of saying chords or notes that relate to a certain key i.e. they should work well together.
- Phasing: Phasing is a compositional technique in which the same part (a repetitive phrase) is played on two musical instruments, in steady but not identical tempi.
- · Ostinato: A short repeated pattern.
- Pulse: The beat of the music. Every piece of music has a heartbeat. It doesn't need to be played by drums you can "feel" the beat.
- . Rhythm: Notes have different lengths, some long, some short. When we combine long and short sounds, it creates a pattern, which is a rhythm.
- · Pitch: Pitch is a variation of high and low sounds. Pitch increases and decreases by steps of a scale. Scales are Major and Minor.
- . Tempo: Tempo means the speed of the music. Music can change tempo within a piece. We describe tempo using Italian words.
- Dynamics: Dynamics means the volume of the music. Music can change dynamics within a piece. We describe dynamics using Italian words.
- · Structure: Music is divided into sections. The order of these sections creates a structure. Song structure includes Chorus, Verse, Instrumental etc.
- Texture: A single melody creates a thin sound. Adding more parts/layers creates a bigger sound. These layers can interact with each other.
- · Timbre: Each instrument has a unique sound and sounds different to others. This individual sound quality is called Timbre.

Year 11 HT 2 - Area of Study 3 Knowledge Organiser

Key content/ ideas/ concepts

Origins - African slaves brought their musical traditions with them when they were transported to work in the North American colonies. These Work songs were sung rhythmically in time with the task being done. Their songs were passed on orally (word of mouth) and were never usually written down. They used call and response where phrases from a lead singer were followed by the others. Early styles of Blues was known as country blues and was usually a solo singer accompanied on guitar or piano sometimes with added harmonica or drums.

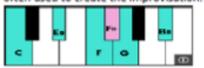
12 Bar Blues - The 12 bar blues is the name of the structure used in blues music. It is split in to 3 sections, which have 4 bars

Chords - A chord is 3 notes played together at the same time. A chord is also called a triad. Blues music only uses 3 chords which are played at the start of every bar.

c/// c/// c/// c/// F/// F/// C/// C/// G/// F/// C/// C///

Improvisation – Improvisation is where music is performed 'on the spot'. Music that is improvised isn't traditionally written down, and the performers will use their musical knowledge to perform something from scratch. In Blues music, the improvisation is usually the notes from the

Blues Scale - The blues scale is a certain selection of notes that have been put together to sound 'bluesy'. The scale is often used to create the improvisation.



Walking Bass - The walking bass is the main part of any Blues song. This is usually played by the bass guitar. The tempo of the bass line should be steady, which is why it is called the "walking" bass.

(a)	רני און נינן וניאו	
F		
FAGD	## D CA C E CA ## A G E	
Sp Jarr	Die Pringin	3

Song Structure- Modern Blues songs can sometimes follow modern pop song structure (Verse-Chorus). Older Blues songs usually consist of 3 lines. Lines 1 & 2 are the same, and line 3 is usually different. (This also ties in with the 12 chords).

Lyrics - The lyrics of Blues songs were often about depression, lack of money/employability, loneliness and them missing their family. The lyrics of line 1 & 2 are usually he same, with line 3 being different.

Musical Elements – Musical elements are often used separately and together to help create the mood and expression the emotion on a song.

Composers-Robert Johnson Muddy Waters Etta James

12 Bar Blues The structure used in Blues music. There are 3 lines of 4 bars. A selection of notes that are put Blues Scale together to create a 'bluesy' scale. The blues scale is used for the notes during improvised sections of music. Chords The chords are played at the beginning of each of the 12 bars. The chords used in Blues are C, F & Rule for a chord: play a note - miss a note – play a note – miss a note – play a note. Improvisation Improvisation is where music is played and made up 'on the spot'. Music that is improvised is not

Keywords/ Glossary

planned. The name for the bassline heard in Walking Bass Blues music. It is usually played at a "walking" tempo. A performed plays/sings a 'call' and the other performers will 'respond'. Wider reading

usually written down, and not pre-

http://www.bbc.co.uk/schools/gcsebitesize/ music/popular music/blues2.shtml

Call and

Response

https://www.misswardmusic.com/blues.html

https://www.educationguizzes.com/ks3/mus ic/jazz-improvisation-01/

GCSE Physical Education - Sports Psychology

Classification of skill

Skills are specific tasks that can be learnt and practiced. *i.e.* Golf swing / Lay up / Tennis volley

Continuum = sliding scale of extremes at each end

Environmental Continuum – Open/Closed skills





Difficulty Continuum - Complex/Simple skills





BASIC/SIMPLE

Skilful Movement

- Efficiency e.g. no wasted energy good timing
- Pre-determined e.g. planned like a routine
- Co-ordinated e.g. run and kick/hit
- Fluent e.g. one skill transfers into another
- Aesthetic e.g. technique looks good

Mental Preparation

- Imagery e.g. pictures in the mind
- Mental Rehearsal e.g. internal view / external view
- Selective Attention e.g. filtering relevant information
- · Positive Thinking (self talk) e.g. rehearsing success
- · Concentration -

Mental Preparation for Performance

Mental rehearsal/Imagery involves the athlete imagining themselves in an environment performing a specific activity using all of their senses.

This can be used to:

- Familiarise the athlete with a competition site or a complex play pattern or routine.
- Motivate the athlete by recalling images of their goals or of success in a past competition.
- Perfect skills or skill sequences the athlete is learning or refining.
- Reduce negative thoughts by focusing on positive outcomes





Feedback

Vital part of information processing which provides confidence, motivation and improves performance. Intrinsic feedback: This comes from within the performer. Kinaesthetic senses provide feelings from muscles/joints about the action.

<u>Extrinsic feedback</u>: This comes from results and match analysis.

- 1. Knowledge of results the outcome
- 2.Knowledge of performance techniques used Knowledge of Results: Information provided to the athlete detailing stats and data from the event/training Knowledge of Performance Information provided to the athlete after the performance in terms of technique and tactical decision making.

Guidance (Positive & Negatives)

Visual guidance: Learners are shown the whole action by the coach. i.e. demonstration/use of video playback.

Verbal guidance: Learners listen to information given to a performer often using associated terminology. i.e. instructions told to a team.

Manual guidance: Coaches will physically move a performer and support them in performing a skill. i.e. Trampolining somersault support.



Mechanical guidance: Learners use equipment to help support the practicing of a skill. i.e. floats during swimming stroke development.

SMART Targets

Goal setting motivates performers

- · Short Term goals:
- Long Term goals:
- · Outcome goals: result based
- · Performance goals: technique based

Specific	Measureable	Achievable	Recorded	Timed
Targets must be concise and clear. "To take a 0.5 second off my time personal best time"	Must be measured and compared. Easy to monitor. "I will time my runs every training session for the next five weeks of training"	Target must be challenging but yet reachable. Motivating. "My coach and I devised the training programme around improving leg power for my start"	Needs to be recorded to track progress. "We keep a diary of times and distances for every training session to inform the planning for the next one and plot progress against our aim"	Set for a particular time to be completed. "We agreed to do the training programme four times per week for the next five weeks"

GCSE Physical Education – Health, Fitness and Well-Being

Lifestyle choices – the decisions we make about how we live and behave that impact on health.

Diet

Activity levels

Eat	Eating healthy		Eating unhealthy		
1.	Boosts energy levels	1.	Leads to deficiencies		
2.	Reduces the risk of	2.	Increases weight and		
	developing serious		% body fat		
	health conditions	3.	Causes depression		
3.	Help lose weight		with poor body shape		

Act	tive lifestyle	Inactive lifestyle	
1.	Boosts self esteem	1.	Increases risk of
2.	Reduces stress and		disease
	anxiety	2.	Decreases muscle
3.	Improves fitness		mass, strength and
	levels		energy levels

Work/rest/sleep balance

Good balance		Poor balance		
1.	Improves mood	1.	Increases the risk of	
2.	Increases		depression	
	productivity at work	2.	Leads to weight gain	
3.	Contributes to	3.	Increased blood	
	quality of sleep		pressure	

Well being – a combination of physical, emotional and social health.

Positives effects of training/exercise on:

Physical health

- Stronger bones (increased bone density)
- Lower cholesterol / reduced obesity
- Increase/development of components of fitness
- · Increase life expectancy

s



Emotional health

- To increase self esteem/confidence increased endorphins released
- · Reduced risk of age-related diseases dementia
- · Relieve stress and tension
- Fun/enjoyment / reduced boredom



Social health

- · To develop teamwork skill
- To meet new people/friends
- Develop communication skills
- · Develop leadership skills



Social benefits may vary depending on age group:

- Elderly
- 2. Children

Negative effects of training on:

- · Physical health overexertion leading to heart failure / overuse injuries
- Emotional health training can lead to injury and cause depression
- · Social health training long hours means less time spent with family.

Recreational drugs – these are taken for pleasure and are legal to those over a certain age.

Smoking

Causes breathlessness and reduces the oxygen-carrying capacity. This affect aerobic ability for endurance events. Smoking

(nicotine) increases the risk of lung cancer, bronchitis, pneumonia & emphysema.

Alcohol - contains chemicals which act on the brain affect judgement.





Balance, co-

ordination

reactions

are affected



Diuretic – increased water levels in urine and cause dehydration



Reduction of glycogen levels and slower lactic acid removal



Liver problems

Sedentary lifestyle – a lifestyle with no or irregular physical activity. This includes sitting, reading, watching television & playing video games. Health risks associated are:

- Heart disease
- Type 2 diabetes
- Obesity
- Osteoporosis
- Depression









Impact of a sedentary lifestyle on weight

Overweight – weighing more than the expected weight for height and gender / Overfat – high percentage of body fat Obese – weighing significantly more than expected.

GCSE Physical Education – Health, Fitness and Well-Being					
Term	Definition/notes/concept				

GCSE Physical Education – Performance-enhancing dugs and Ethics

Performance Enhancing Drugs (PEDs)

The rewards that come with winning are so great that athletes are increasingly temped to cheat. Fame, money and pressure are commonly cited despite the health risks or even death.

Drug	Reason for athlete taking this	Health risk Sporting examp might use it	
Beta Blockers	Slows heart rate, calms and steadies hands	Lowers blood pressure and oxygen delivery to muscles	Target sports
Anabolic Steroids	Promote muscle growth and promotes a faster recovery time	High blood pressure, aggressive behaviour & develops male features	Power Events - 100m
Stimulants	Increased alertness and reduce tiredness	Heart rate irregularities & increased aggression.	Boxing 100m sprinter
Diuretics	Rapid weight loss from removal of fluids. Masks other PEDs	Dehydration, nausea and headaches. Heart and kidney failure.	Jockey Boxing
Peptide Hormones	EPO – increase Red Blood Cell production Growth Hormone – increase muscle mass	Increased blood thickness/blood clot Abnormal growth	Cycling Weight lifting

Deviancy

Sportsmanship – the qualities of fairness and following the rules. *i.e.* shaking hands after a match

Etiquette – customs e.g. good manners

Gamesmanship – Bending the rules to gain an advantage *i.e.* fainting injury to waste time

Deviant behaviour – Behaviour that goes against the norms of society or the rules of a sport. This type of behaviour causes **negative role models**. *i.e. drug taking or biting a player*

Consequences:

- 1. Punishment red card/sin bin/bans
- 2. Loss of sponsors / contracts with clubs
- 3. Damaging own reputation or club/country

Violence – A deliberate action with the intend to cause harm or injury.

Reasons for player violence:

- The importance of the result.
- · The nature of the game.
- · Provocation.
- · Disappointment or frustration.
- · Crowd behaviour.
- Emotional intensity.







GCSE Physical Education – Performance-enhancing dugs and Ethics				
Term	Definition/notes/concept			
_				

Keywords:			

GCSE Physical Education - Participation rates and Commercialisation.

Participation rates – The number of people taking part in physical activity.



Age – The reason why different age groups participate can vary based on access, cost, time available and the nature of the activity.



Ethnicity – The number of **ethnic groups** (black, white & other minorities) playing sport are on the rise. Reasons for the difference include stereotypes, cost and cultural influences.



Socio-economic group – This is determined by profession and available income. Factors include cost, availability and time. *i.e. golf is far more expensive to participate than athletics.*



Gender – Men and women can participate for different reasons including image, cost, time and society. Increased media coverage has helped remove many stereotypes.



Disability – This can be a physical or mental impairment. Activities and rules are often adapted *i.e. Wheelchair tennis*. Other barriers include availability, cost and access.

Reasons for non-participation

Media Coverage – lack of coverage of some sports

Environment & Climate – denotes which sports are more or less relevant for an area **Time** – work commitments reduce activity

Resources – facilities & provision **Role Models** – lack of direction & peers

Data – facts and statistics gathered to highlight information. Shown in table or graph format.

Trends - a general direction in which something is developing or changing.

Agencies

Sport England – Agency that looks after sport participation across the country including elite athletes.

Department of Culture, Media and Sport –

Department of the government responsible for sport in the United Kingdom.

National Governing Bodies – Agencies that are responsible for their specific sport within the country. They focus from grassroots to the elite level.







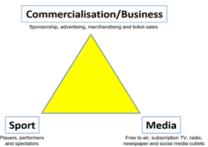


Commercialisation - Sport, media and commercialisation are closely linked in a what is known as a 'GOLDEN TRIANGLE' **Sponsor Player/Performers**

Advantages	Disadvantages
Raise awareness of brand leading to increased sales Displays goodwill	 Poor behaviour from athletes/clubs causes negative media attention. Smaller sponsors might struggle to compete with larger more global brands. Some sponsors are not suitable to be promoted within sport. i.e. tobacco

Advantages	Disadva
Auvantages	Disauva
 Allows athletes to earn income as a full time job. Can lead to additional roles post playing career within the sport. 	• Encour pressu • Genera able bo • Sponso
Spect	ator

sadvantages
Encourages deviant behaviour due to the pressure of success. Generally, favours <u>male</u> over <u>female</u> and <u>able bodied</u> over <u>disabled.</u> Sponsorship might be short term.
r



Advantages	Disadvantages	A	Advantages	Disadvantages
 Raises the profile of the sport due to increased exposure. Changes to sport format/rules to make audience friendly. 	 Tends to only support the popular sports. The influence of TV has caused an increase in adverts and changed TV timings (traditions lost) 		 Offers a wider choice of sports available to watch. Viewing experience has ben enhanced due to technology 	 Encourages spectating not participating. Can become very expensive for fans/spectators. Affects view experience - increased TV breaks.

GCSE Physical Education – Participation rates and Commercialisation					
Term	Definition/notes/concept				

Keywords:

Devising Log Knowledge Organiser

Section 1 – Response to stimulus (20 marks)

- Start by describing the stimulus you were given/ chosen.
- What was your first response to the stimulus?
- What were the different ideas, themes and settings you considered and how and why you reached your final decision. What did you discuss as a group?
- What YOU discovered from your research. Where did you collect your research from?
- What YOUR own dramatic aims and intentions are – what do you want to achieve with your character?
- What are the overall aims and objectives of the piece – what message would you like to convey?
- What style did you choose to

Section 2 – Development and Collaboration (20 marks)

- How did you develop and refine your ideas and those of the others in your group?
- How did you develop your piece in rehearsals?
- How did you structure your rehearsals? Did you have natural leaders? Did you have different responsibilities?
- How did you develop and refine your own theatrical skills during the devising process?
- What problems did you encounter during rehearsals and how did you overcome them?
- What drama conventions (techniques) did you decide to use and why?
- What structure did you decide for your drama and why?
- How did you give and receive feedback throughout?
- How did you respond to feedback throughout the process?
- How you used your refined theatrical skills in the final performance.
- How did you demonstrate your use of vocal
 The state of the st

Section 3 – Analysis and Evaluation (20 marks)

- How far did you develop your theatrical skills?
- What benefits did you bring to the group and in what way did you help to shape the final piece?
- What was the overall impact you personally had on the devising, rehearsals and performance of your drama?
- Which areas of devising did not go as well as you would have hoped or could have been developed further?
- What did you hope to achieve from your performance? Were you successful? How do you think you achieved this? If you weren't <u>successful</u> why not? What would you change?
- Choose an aspect of your contribution to the final piece to write about in more detail – what you did, what was successful about it and what could have been improved?
- What feedback did you get from the audience about your work? Did they understand your work? Would you change anything they suggested?

Checking your devising log

- ✓ Have you written three sections with the appropriate headings?
- ✓ Are the sections roughly the same length?
- ✓ Have you stayed within the final word count length? (2500 words)
- ✓ Have you provided evidence of research?
- ✓ Have you stated your dramatic aims and intentions?
- ✓ Have you shown how you developed and refined ideas?
- ✓ Have you explained how you helped the group?
- ✓ Have you shown how you responded to feedback?
- ✓ Have you demonstrated that you developed your theatrical skills?
- ✓ Have you explained how you positively shaped the final piece?
- √ Have you used correct theatrical terminology to explain your thoughts?
- ✓ Have you given specific examples to back up your points?
- ✓ Have you analysed and evaluated your work?

Challenge

In order to succeed at a high level, you need to provide precise details and an impressive amount of creativity. Check your work to make sure your creative journey is clear and that you have backed it up with specific details.

