



**Families – Drop Down Session**  
 What impact does pregnancy have on the body and a person’s mental health?  
 What options are available for unplanned pregnancy?  
 How do people cope with bereavement?

**Families**  
 What are positive parenting skills?

**Communication and relationships**  
 Why is communication important in a relationship?

**Stepping into the Adult World – Drop Down Session**  
 How do you revise effectively?  
 How do professionals reflect on performance, use constructive feedback and set SMART targets?  
 What are the expectations on personal, social and professional behaviour amongst adults? (Including harassment and inappropriate sexual advances)

Year 11  
Autumn  
Term 2

**Next Steps**  
 How do I write a CV?  
 How do I write a personal statement?  
 How do I prepare for an interview?

**Building for the future**  
 How do I balance ambition and expectations?

**Building for the future**  
 How do I manage stress during y11 and beyond?

Year 11  
Autumn  
Term 1

welcome

Summer  
holidays

