

## Subject Knowledge Organiser - Dance

### Keywords

**Canon-** This is where a group of performers repeats the same action one after another. A good example of this is the Mexican wave.

**Choreography-** Being able to create a dance or set of dance moves.

**Control-** The power to direct your body and body parts to master dance moves.

**Co-ordination-** Being able to move different body parts at the same time.

**Dynamics-** Being able to change the way your body moves- fast, slow, jerky, smooth etc.

**Expression-** Being able to show a story or a feeling through the medium of dance, also, being able to use your face to show the meaning of the dance.

**Extension-** To be able to stretch parts of the body to their upper limits, usually your arms, legs and fingers.

**Flexibility-** The ability of your joints to move through a full range of motion. Having flexibility in your muscles allows for more movement around a joint.

**Isolation-** Moving one body part on its own whilst the rest of the body is still.

**Mirroring-** This is where a pair or group of people complete the same movement but the opposite side of the body- as if they were looking in a mirror.

### Dual Coding



### Styles of Dance

**Ballet-** This dance style is over 500 years old and it is all about telling a story through dance and music. A famous ballet move is going onto pointe toes, this is where the shoes allow dancers to go onto the very tip of their toes which creates a sense of light and airiness.

**Street/Hip-hop-** This is a very quick style of dance which requires music with a heavy beat, dancers move around quickly creating moves on the floor and tricks such as head spins and flips. This style has derived from a variety of other dance styles yet only became popular in the early 90's.

**Modern-** This is dance that follows no rules and is focused on expressing inner feelings through music and movement. This style of dance was created in a rebellion against classical ballet due to the limitations. Modern dance became famous in the 1900's. Modern dancers usually dance barefooted and wear costumes that reveal a story.

**Cultural-** Cultural dances are those that originate from a certain country, culture or religion and these are very famous within that culture. For example, Irish dancing originates from Ireland, Bollywood originates from India and Rock n Roll originates from America.