



# THE JOURNEY OF LEARNING

## YEAR 10 CAMBRIDGE NATIONAL SPORTS STUDIES



### Intent

- To experience a variety of roles within physical education and school sport.
- To develop a variety of skills, techniques and tactics and use them in a variety of competitive situations.
- To promote lifelong participation and have a positive impact on physical, mental and social well-being.
- To create an inclusive, accessible, challenging environment in order to develop transferable skills.
- To provide a range of extra-curricular activities.

Pre reading in preparation for RO51: Contemporary Issues in Sport

Year 10 Summer Term 2

LO3: Delivering sports activity sessions

Delivery style

Motivational techniques

Adaptability

Delivering Sessions Extended Write

Year 10 Summer Preparation

Safe practice

Communication skills

Activity specific knowledge

LO3: Delivering sports activity sessions Witness Statements

LO2: Be able to plan a sports activity submission

Delivering Sessions DIRT

Key considerations when planning

RO51: Contemporary Issues Examination May

Year 10 Summer Term 1

Delivering Sessions Extended Write

LO2: Be able to plan a sports activity.

Benefits and Drawbacks DIRT

Safety considerations

LO3: Understand the importance of hosting major sporting events.

LO4: Know about the role of National governing Bodies

Benefits and Drawbacks Extended Write

Other initiatives

Values promoted through sport

The importance of etiquette

Year 10 Spring Term 2

The Olympic and Paralympic movements

The use of Performance Enhancing Drugs

LO2: Know about the role of sport promoting values

The features of major sporting events

Benefits and drawbacks

Year 10 Spring Term 1

Issues affecting Participation Extended Write

Issues affecting Participation DIRT

Barriers to participation

LO1: Understanding the issues, which affect participation in sport

Year 10 Autumn Term 2

Solutions

Different user groups

LO1: Know the personal qualities, styles, roles and responsibilities associated with effective sports leadership

Role related responsibilities

Leadership style

LO1: Know the Personal qualities, styles and roles of leadership submission

RO53: Sports Leadership

Roles and Responsibilities Extended Write

Roles and Responsibilities DIRT

Leadership Styles Extended Write

Leaderships Styles DIRT

Year 10 Autumn Term 1

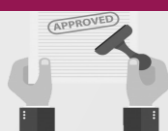
Different leadership roles

Personal qualities



Pre reading, Cambridge National PE course.

End of Year 8



Closed Book Assessments

DIRT

Formative Assessments

PSHE

Careers Related

Literacy Focus

Cultural Capital



# YEAR 11 CAMBRIDGE NATIONAL SPORTS STUDIES



# THE JOURNEY OF LEARNING

### Intent

- To experience a variety of roles within physical education and school sport.
- To develop a variety of skills, techniques and tactics and use them in a variety of competitive situations.
- To promote lifelong participation and have a positive impact on physical, mental and social well-being.
- To create an inclusive, accessible, challenging environment in order to develop transferable skills.
- To provide a range of extra-curricular activities.

Year 11 Summer Term 2

RO54: Sport and the Media Submission and moderation

Evaluation of Media DIRT

Evaluation of Media Extended Write

LO4: Understand the relationship between sport and the media

Year 11 Summer Term 1

LO5: Be able to evaluate media coverage of sport

Positive and Negative effects of the Media on Sport DIRT

Positive and Negative effects of the Media on Sport Extended Write

LO2: Understand the positive effects the media has on sport

Know how sport is covered: TV, Press, Radio, Internet

Sport and Media Extended Write

Sport and Media DIRT

Year 11 Spring Term 2

RO54: Sport and the Media

LO1: Know how sport is covered across the media

RO51: Contemporary Issues Examination JAN RESITS

RO54: Sport and the Media

LO3: Understand the negative effects the media has on sport

Year 11 Spring Term 1

Improving Performance DIRT

Improving Performance Extended Write

Types of practice

Identify areas of improvement

LO4: Be able to apply practice methods to improve practical application

Year 11 Autumn Term 2

How to measure improvement

Types of skills

RO52: Witness Statements

Methods to improve

Evaluate Performance DIRT

LO1: Develop skills, techniques and tactics in an individual sport.

Evaluate Performance Extended Write

The importance of consistency

Importance of positioning

How to apply rules

LO3: Officiating in Sporting activities witness statement.

Sports Skills RO52: Developing

LO3: Be able to officiate in a sporting activity.

The importance of accuracy

The use of hand signals

How to communicate

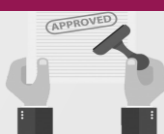
LO2: Develop skills, techniques and tactics in a team sport.

Year 11 Autumn Term 1



Pre reading, Cambridge National PE course.

End of Year 10



Closed Book Assessments

DIRT

Formative Assessments

PSHE

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Literacy Focus

Cultural Capital