



# YEAR 11 CAMBRIDGE NATIONAL PE THEORY



# THE JOURNEY OF LEARNING

### Intent

- To experience a variety of roles within physical education and school sport.
- To develop a variety of skills, techniques and tactics and use them in a variety of competitive situations.
- To promote lifelong participation and have a positive impact on physical, mental and social well-being.
- To create an inclusive, accessible, challenging environment in order to develop transferable skills.
- To provide a range of extra-curricular activities.

Year 11 Summer Term 2

RO54: Sport and the Media Submission and moderation

Evaluation of Media DIRT

Evaluation of Media Extended Write

LO4: Understand the relationship between sport and the media

Year 11 Summer Term 1

LO5: Be able to evaluate media coverage of sport

Positive and Negative effects of the Media on Sport DIRT

Positive and Negative effects of the Media on Sport Extended Write

LO2: Understand the positive effects the media has on sport

Know how sport is covered: TV, Press, Radio, Internet

Sport and Media Extended Write

Sport and Media DIRT

Year 11 Spring Term 2

RO54: Sport and the Media

LO1: Know how sport is covered across the media

RO51: Contemporary Issues Examination JAN RESITS

RO54: Sport and the Media

LO3: Understand the negative effects the media has on sport

Year 11 Spring Term 1

Improving Performance DIRT

Improving Performance Extended Write

Types of practice

Identify areas of improvement

LO4: Be able to apply practice methods to improve practical application

Year 11 Autumn Term 2

How to measure improvement

Types of skills

RO52: Witness Statements

Methods to improve

Evaluate Performance DIRT

LO1: Develop skills, techniques and tactics in an individual sport.

Evaluate Performance Extended Write

The importance of consistency

Importance of positioning

How to apply rules

LO3: Officiating in Sporting activities witness statement.

Sports Skills RO52: Developing

LO3: Be able to officiate in a sporting activity.

The importance of accuracy

The use of hand signals

How to communicate

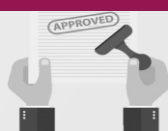
LO2: Develop skills, techniques and tactics in a team sport.

Year 11 Autumn Term 1



End of Year 10

Pre reading, Cambridge National PE course.



Closed Book Assessments

DIRT

Formative Assessments

PSHE

Careers Related

Literacy Focus

Cultural Capital