



THE JOURNEY OF LEARNING

YEAR 10 CAMBRIDGE NATIONAL PE THEORY

Intent

- To experience a variety of roles within physical education and school sport.
- To develop a variety of skills, techniques and tactics and use them in a variety of competitive situations.
- To promote lifelong participation and have a positive impact on physical, mental and social well-being.
- To create an inclusive, accessible, challenging environment in order to develop transferable skills.
- To provide a range of extra-curricular activities.

Pre reading in preparation for RO51: Contemporary Issues in Sport

Year 10 Summer Term 2

LO3: Delivering sports activity sessions

Delivery style

Motivational techniques

Adaptability

Delivering Sessions Extended Write

Year 10 Summer Preparation

Safe practice

Communication skills

Activity specific knowledge

LO3: Delivering sports activity sessions Witness Statements

LO2: Be able to plan a sports activity submission

Delivering Sessions DIRT

Key considerations when planning

RO51: Contemporary Issues Examination May

Year 10 Summer Term 1

Delivering Sessions Extended Write

LO2: Be able to plan a sports activity.

Safety considerations

Benefits and Drawbacks DIRT

Other initiatives

Values promoted through sport

The importance of etiquette

LO3: Understand the importance of hosting major sporting events.

LO4: Know about the role of National governing Bodies

Benefits and Drawbacks Extended Write

The Olympic and Paralympic movements

The use of Performance Enhancing Drugs

LO2: Know about the role of sport promoting values

Year 10 Spring Term 2

The features of major sporting events

Benefits and drawbacks

Year 10 Spring Term 1

Issues affecting Participation Extended Write

Issues affecting Participation DIRT

Barriers to participation

LO1: Understanding the issues, which affect participation in sport

Year 10 Autumn Term 2

Solutions

Different user groups

LO1: Know the personal qualities, styles, roles and responsibilities associated with effective sports leadership

Role related responsibilities

Leadership style

LO1: Know the Personal qualities, styles and roles of leadership submission

RO53: Sports Leadership

Roles and Responsibilities Extended Write

Roles and Responsibilities DIRT

Leadership Styles Extended Write

Leaderships Styles DIRT

Year 10 Autumn Term 1

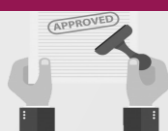
Different leadership roles

Personal qualities



Pre reading, Cambridge National PE course.

End of Year 8



Closed Book Assessments

DIRT

Formative Assessments

PSHE

Careers Related

Literacy Focus

Cultural Capital