



Research write up NEA Production plan

Cereals and crops

DIRT time

Healthy eating

Demonstration and practical fish

AC2.3: Meeting customer needs

AC1.3 Unsatisfactory nutritional intake Pastry

Seasonal foods Christmas practical

DIRT time

Extended write

AC1.2 Nutritional requirements of different groups of people.

DIRT time

Extended write F&V

Nutrition recall

Pineapple upside down pudding

Calories and RI

Adding a drizzle

Macro nutrients micronutrients

Principles of nutrition

AC1.1: The functions of nutrients in the human body

Nutrition Fruits and vegetables

Year 10 Summer Term 1

Research write up AC1.1-1.4

Extended write

AC2.2 environmental issues

Shepherd's pie

Year 10 Spring Term 2

DIRT time

Extended write

Food commodities

OPEN BOOK assessment KO

Year 10 Spring Term 1

Deficiencies

Shortcrust pastry

Flaky pastry

Choux pastry

Demonstration and practical beef pies

Demonstration and practical savoury plait

Demonstration and practical profiteroles

AC1.4 cooking methods

Free choice practical independence and levels

Berry crumble
Fresh custard

Quality control and quality assurance

Free choice Practical cakes

The rubbing in method

Year 10 Autumn Term 2

Age groups

Allergies and intolerance

Medical

Religious choices

Cake making

Creaming demonstration and practical Victoria sandwich cake

Demonstration and practical swiss roll

The whisking method With cold filling

McMillan

Demonstration and practical lemon cake

Carrot cake practical

Vegetable soup

Fruits and vegetables theory and dishes

Year 10 Autumn Term 1

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Year 11

Evaluation trial dishes nutrition, presentation, sensory testing, suitability for task adaptations for task

Recipe trials for NEA x 4

Year 10 Summer Term 2

NEA

DIRT time

Extended write

NEA practical

Research write up 2.4 time plan

DIRT time

Extended write

Free choice practical oats
Barley, rye and oats

Rice-Spot demonstration paella

Free choice practical pasta

Research write up AC1.1-1.4

Research write up AC2.1-2.3

AC2.1 Dish proposals

Demonstration and practical cheese dish

Demonstration and practical chicken dish

Demonstration and practical beef pies

Demonstration and practical savoury plait

Demonstration and practical profiteroles

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