

1. Key words

Centre of mass	Position in the centre of the object where the force of gravity acts on the mass
Resultant force	Residual force in a given direction
Balanced forces	Opposing forces that are equal in magnitude
Unbalanced forces	Opposing forces where one force has a greater magnitude
Pressure	Force applied over a given area

2. Contact and Non-contact forces

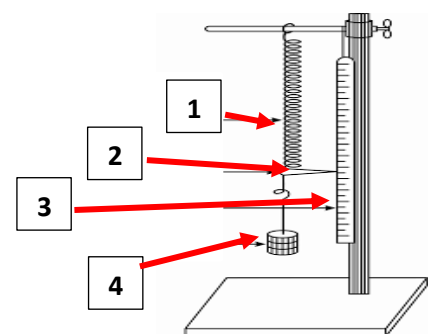
Contact	Non-contact
Friction	Gravity
Air resistance	Magnetism
Upthrust	Electrostatic
Thrust	

3. Newton's 3 Laws

1	If the resultant force on a stationary object is zero, the object will remain stationary or travel at a constant speed
2	The acceleration of an object is proportional to the resultant force exerted and inversely proportional to the mass of the object ($F=ma$)
3	For every action, there is an equal and opposite reaction

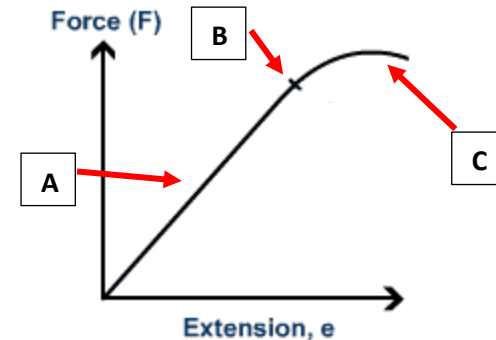
4. Hooke's Law

The extension of a stretched spring is directly proportional to the force applied

1	Spring	
2	Pointer	
3	Metre Ruler	
4	Slotted masses	

$$\text{Force (N)} = \text{Spring constant (N/M)} \times \text{extension (m)}$$

A	Linear relationship (obeys Hooke's Law)
B	Limit of proportionality
C	Not a linear relationship (will no longer return to its original shape)



5. Equations

Weight	Weight (N) = gravitational field strength (N/kg) x mass (kg)
Resultant Force	Force (N) = mass (kg) x acceleration (m/s ²)
Elastic potential energy	Elastic potential energy (j) = $\frac{1}{2}$ x spring constant (N/m) x extension ² (m)

6. Pressure in fluids

Pressure = height x density x gravitational field strength
(Pa) (m) (Kg/m³) (N/kg)

Pressure increases with depth in a liquid.

Pressure decreases with altitude in air